GIT AGENTS:

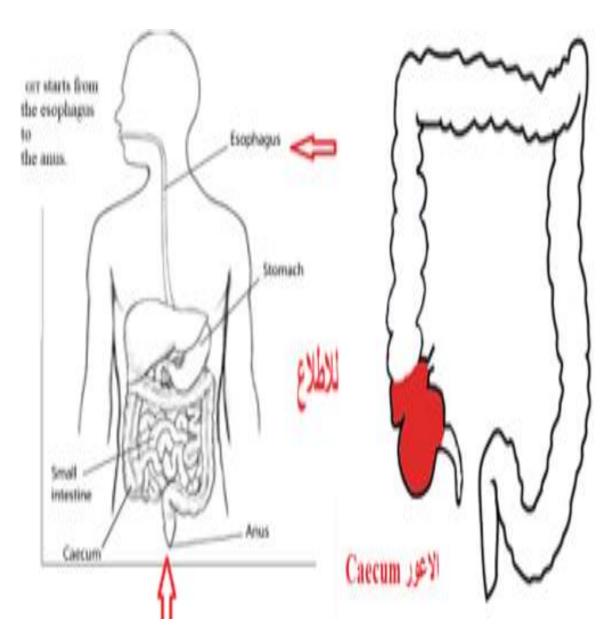
i. ACIDIFYING AGENTS ii. ANTACIDS (ALKALIS)

*Acidifiers are:

- i.Inorganic chemicals that, put into a human body, either produce or become acid. dr. shakir mahmood saied
- ii. Acidifiers increase the level of gastric acid in the stomach when ingested, thus decreasing the stomach pH.
- The main portion of GIT includes the stomach, small intestine, large intestine and the rectum with the exit anus. Whenever the functions of GIT go wrong, disease occurs. Hyper and hypochlorhydria are two of these wrong functions.

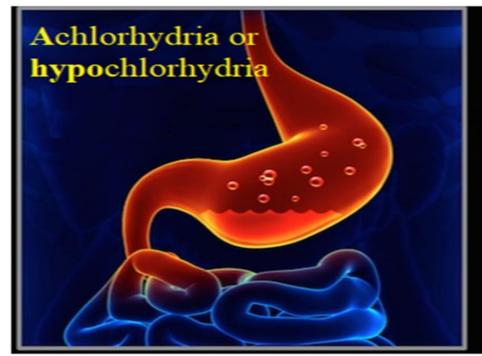
The digestive system is the GIT. It starts from the

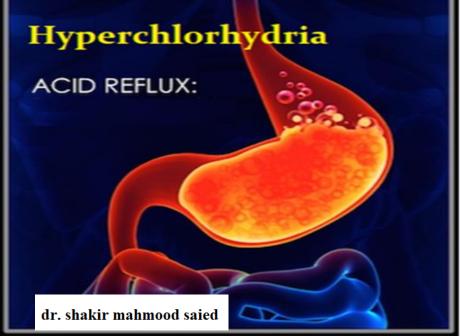
esophagus to the anus.



*The rule of the acid in the stomach is:

The hydrochloric acid present in the stomach dissolves bits of food and creates an <u>acidic medium</u>. In this acidic medium, enzyme <u>pepsinogen</u> is converted to <u>pepsin</u>. Which is a <u>protein</u> digesting enzyme.





Achlorhydria:

- *Achlorhydria or hypochlorhydria refer to states where the production of hydrochloric acid in gastric secretions of the stomach and other digestive organs is absent or low.
- It is associated with various other medical problems.
- Whenever insufficient secretion of acid takes place in the stomach, this causes <u>achlorhydria</u> or <u>hypochlorhydria</u>.
- Acidifying agents/ acidifiers are used in treatment of Hypochlorhydria (Achlorhydria).

**Causes of Low Stomach Acid:

- 1. Overuse of antibiotics.
- 2.Helicobacter Pylori* infections.

(which neutralize gastric acid by ammonia)

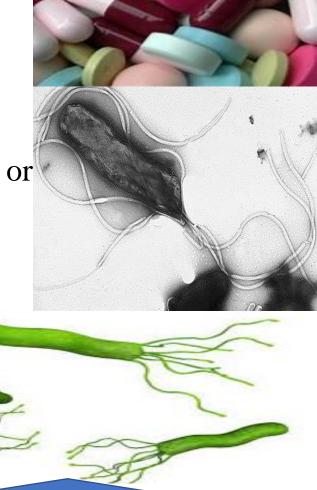
3. Chronic stress. 4. Poor diet. 5. Eating to quickly or

on the Go بلا شبع

6.Overuse of NSAIDs

7. Using proton pump inhibitors, e.g.



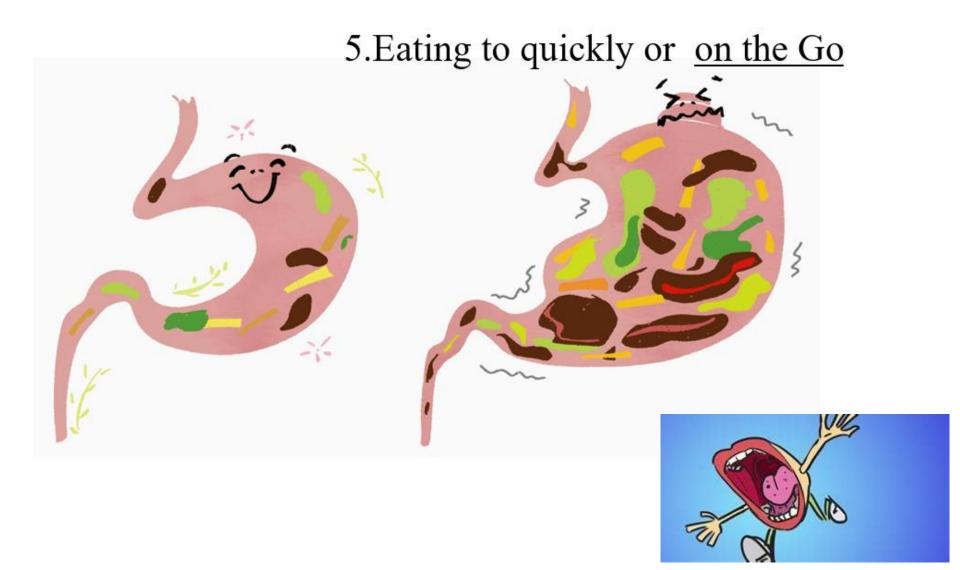


*Helicobacter pylori, is a gram-negative, microaerophilic, spiral (helical) bacterium usually found in the stomach

dr. shakir mahmood saied

8.Small intestinal bacterial overgrowth

9. Aging and 10. Food sensitivities



The symptoms of achlorhydria:

- 1.Mild diarrhea (frequent bowel movement) حركة الأمعاء المتكررة
- 2. Epigastreic pain (upper abdominal pain) الم اعلى البطن.
- 3. Sensitive to food (spicy).
- 4. Pernicious anemia (خبيثة ولكن ليست سرطانية).

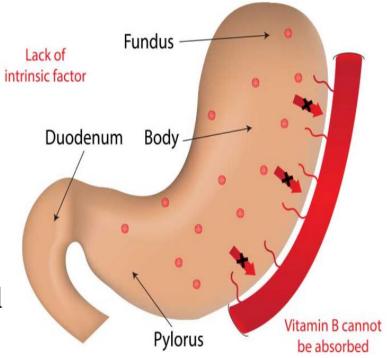
Pepsin, (An endopeptidase enzyme that breaks down proteins into smaller peptides) possesses it's greatest proteolytic activity (breakdown dr. shakir mahmood saied of proteins) below pH 3.5,

so in the absence of HCl in and as result the (1-3)

stomach pepsin is inactivated symptoms arrived.

4.Pernicious anemia (per. Nesh. Yu's), It is common for patients with achlorhydria to have pernicious anemia due to lake of the protein necessary to carry <u>vitamin B12</u> across the intestinal wall.

Acidifying agents are the drugs or agents which are used to increased metabolic acidosis and gastric hydrochloric acid, they are inorganic chemicals that give to patient to increase the level of gastric acid in the stomach when ingested, thus decreasing the stomach pH.



Out of many types of acidifiers, the main three are:

- 1.Gastric acidifiers, used to control pH in the stomach.
- 2. Urinary acidifiers, used to control pH in urine.
- 3. Systemic acidifiers, used to control pH in the overall body.

1. Gastric acidifiers:

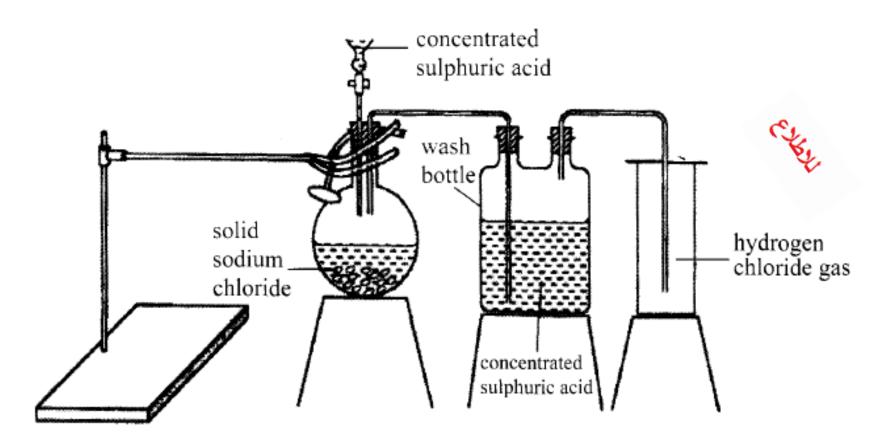
e.g. Swanson (Hydrochloric acid (HCl):

The formula is HCl, used with concentration of 10 % w/w acid to purified water. Because HCl is prepared from salt sulfuric acid, it is commonly known as Spirit of salt It is aqueous sol. of 35-38% of HCl



The preparation equations:

$$NaCl + H_2SO_4$$
 \longrightarrow $NaHSO_4 + HCl$



Properties:

- i .Colorless liq., strongly acidic iii. Attacks metals.
- ii. Miscible with water, alcohol having specific gravity of 1.18

Identification:

When it is added to KMnO₄ sol., chlorine gas is liberated

Assay*:

HCl(4gm) is transferred into a stoppered flask which is having (40ml.) of water. Now the sol. is titrated with (1N) NaOH, using methyl orange as an indicator.

Assay is an investigative (analytic) procedure in laboratory medicine, pharmacology, environmental biology and molecular biology for qualitatively assessing or quantitatively measuring the presence, amount, or functional activity of a target entity (the analyte).

Uses:



- 1.As a pharmaceutical aid or as an acidifying agent.
- 2.As gastric acidifier when levels of HCl in gastric juice are

10W. dr. shakir mahmood saied

*Low stomach acid (Hypochlorhydria) treatments combinations:





2. Urinary acidifiers:

i. Ammonium Chloride NH₄Cl "Noshader"

It is a systemic and urinary acidifying salt.

Ammonium chloride helps maintain pH and exerts a mild diuretic effect. This acid forming salt also exerts an expectorant effect by irritating the mucous membranes and is used for relief of cough.

ii. Ureze:

It is also ammonium chloride compound which are

used to treat:

- a. Low chloride levels in the blood.
- b. A health problem called metabolic alkalosis





Dose:

- 1 to 2 gm (As systemic acidifier)
- 0.3 to 0.5 gm (As Expectorant)

Preparation:

It prepared by neutralization of hydrochloric acid by ammonia and evaporated the product to dryness.



iii. Also <u>ascorbic acid</u> (Vitamin C)

- A daily intake of 10 mg of ascorbic acid cures clinical signs of scurvy but does not maintain body stores.
- iv. Potassium phosphate and
- v. Sodium phosphate can be use to increase the acid in stomach

علاجات Another remedies

(ra. Ma. dess)

are: 1. Chew thoroughly



2. Vit. B complex 3.L. Glutamine

4. Ginger tea

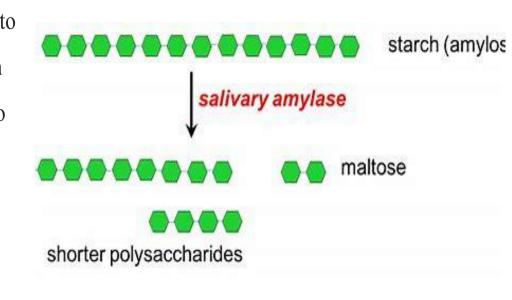
- The simple act of **chewing food** in your mouth gives two advantages:

 dr. shakir mahmood saied
- i. Helps to break down larger particles of **food** into smaller particles. This helps to reduce stress on the esophagus and thereby helps the stomach to metabolize your **food**.
- ii. When **food** is **chewed thoroughly**, you also release a lot of saliva, which contains digestive enzymes.











Topical Agents:

Agents which are applied locally on skin or mucous membrane or in the body cavities and give their local protective(or systemic effect).

Sites of applications:

1)Skin 2) Eye 3)Nose 4)Vagina 5)Urethra & 6)Rectum

أ.م.د. شاكر محمود سعيد

Forms:

i. Powder ii. Ointments iii. Creams iv. Spray v. Past

vi. Gel vii. Transdermal patches لواصق تفرز موادها عبر الجلد

Classification according to their type of activity:

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i. Protectives

ii. Astringents

(ast. ren. gent) constricting

iii. Antimicrobial agents(Anti- invectives)

iv. Miscellaneous agents



Transdermal Contraceptive patches

v. Topical administrations الموضعي

also include transdermal applications, where the substances are administered onto the skin but are absorbed into the body to attain systemic distribution.

Topical administrations

Medications are generally <u>hydrophobic</u> chemicals, such as steroid hormones



(Testosterone) and transdermal contraceptive patches.





*An example of antibiotics that applied topically like

chloramphenicol.

Examples of Protectives topical agents:

i. Talc (talcum in French =chalk)

*Chemical formula =

 $3MgO, 4SiO_2, 2H_2O$



Chloramphenical

*Talc is a clay mineral, composed of hydrated magnesium silicate

Mode of action:

As a powder, it absorbs moisture well and helps cut down on friction

تنهي امر الاحتكاك , making it useful for keeping skin dry and helping to prevent rashes.

Talc in powdered often combined

with corn starch and used as:

- a. Baby powder. B.A thickening agents and li
- c. It is a main ingredient in many cosmetics
- d. Food additive . أ.م.د. شاكر محمود سعيد



Side effects:

Describe briefly the side effect of Talc powder:

It poses a risk of respiratory problems if the baby inhales it, because the small size of the particles makes it difficult to keep them out of the air while applying the powder.

*Zinc oxide-based ointments are a much safer alternative.

ii. Zinc oxide:

Zinc oxide is an inorganic compound with the chemical formula ZnO



Uses of Zinic oxide:

- 1. As an additive in many materials and products including:
- i. Cosmetics ii. Food supplements and iii. Lubricants....etc.

أ.م.د. شاكر محمود سعيد

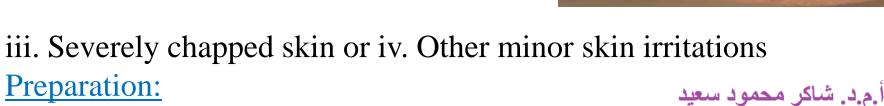
3.Rectal suppositories(suppo. Seto. Ery) are used to treat:

- i. Itching ii. Burning iii. Irritation تهيج, and
- iv. Other rectal discomfort caused by hemorrhoids البواسير or painful

chapped skin

bowel movements.

- 2. Topical for the skin to treat:
- i. Diaper حفاضات rash
- ii. Minor burns



Zinc oxide prepared on a large scale by burning zinc metal in current

air.
$$2Zn + O_2 \longrightarrow 2ZnO$$

Zinc oxide paste (one kilogram); consists of 250 gm of zinc oxide and 250 starch with 500 gm white soft paraffin.

Astringent:

Is a chemical that shrinks یجعله منکمش

or constricts تقبض body tissues. The word derives from the Latin adstringere, which means "to bind fast".

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Example:

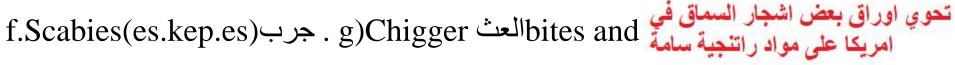
Calamine lotion:

This soothing pink lotion can help relieve the following skin conditions:





- a. Reactions to poisonous plants, such as poison sumac.
- b. Insect bites لدغات. C. Chickenpox. جدري الماء. d.Shingles الحزام الناري e.Swimmer's itch



h.Minor burns

أ.م.د. شاكر محمود سعيد urns

Antimicrobial topical agents:

- 1. Iodine preparations 2. Boric acid
- 3.Borax 4.Potassium permanganate.



Boric acid:

- 1.Use of 3% boric acid has a potential to treat local
- Pseudomonal wound infections التهابات الجروح الحادة effectively without any toxic side effects
- (secrete a blue-green coloured fluid and have a fruity smell).
 - 2. Use for eye: It is used as eye wash for inflammations with the following potential side effects:

 أ.م.د. شاكر محمود سعيد
 - i. Eye redness ii. Eye pain iii. Eyelid inflammation iv. Itchy eyes v. Persistent weepy eye تدميع مستمر
- 3.Dilute boric acid can be used as a <u>vaginal douche to</u> treat bacterial vaginosis due to excessive <u>alkalinity</u>, as well as candidiasis, also suppository (<u>boricVag</u>) is used.





- 4. As an <u>antibacterial</u> compound, boric acid can also be used as an acne treatment.
- 5.To prevent of athlete's foot, by inserting powder in the socks
- 6. Various preparations can be used to treat some kinds of <u>otitis</u> (ear infection).

Borax:

Borax, also known as sodium borate, sodium tetraborate, or disodium

tetraborate, It is a compound with chemical formula

Na₂H₄B₄O₉ nH₂O.

Borax is a component of many detergents, cosmetics, and enamel glazesمزجج للمينا.

It is used to make buffer solutions in

biochemistry and as an anti-fungal compound.

DETERGENT BOOSTER

A NULL PROPERTY BOOSTER

A

أ.م.د. شاكر محمود سعيد

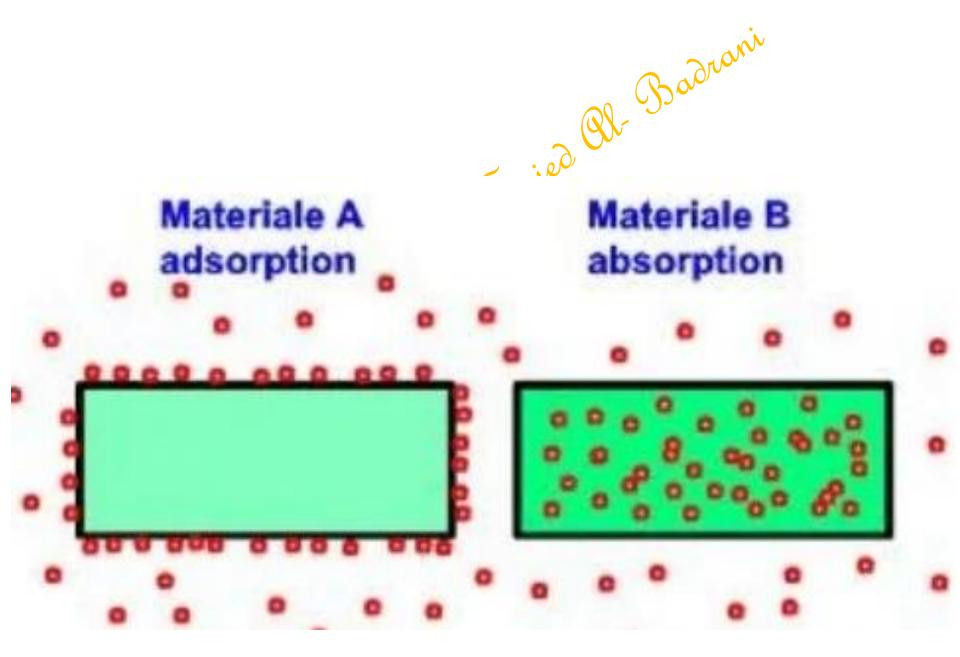
In addition to the best-known use for borax as a cleaner, it can use as ingredient in many other household products, including:

- i.Toothpastes and mouthwashes
- ii.In cosmetics such as lotions, skin creams, moisturizers, sunscreen, and acne care products

iii.Herbicides

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Lecture 8 (1st hr.), PROTECTIVE ADSORBENTS



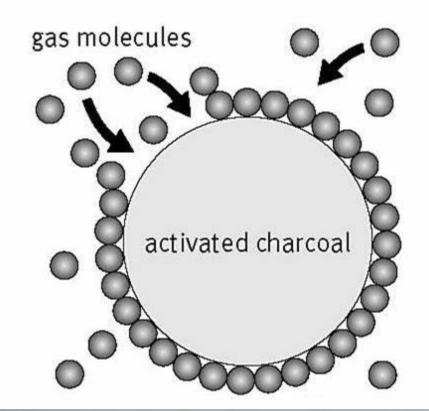
Absorption:

Is a physical or chemical phenomenon or a process in which atoms, molecules or ions enter some bulk phase pliquid or solid material.

Adsorption:

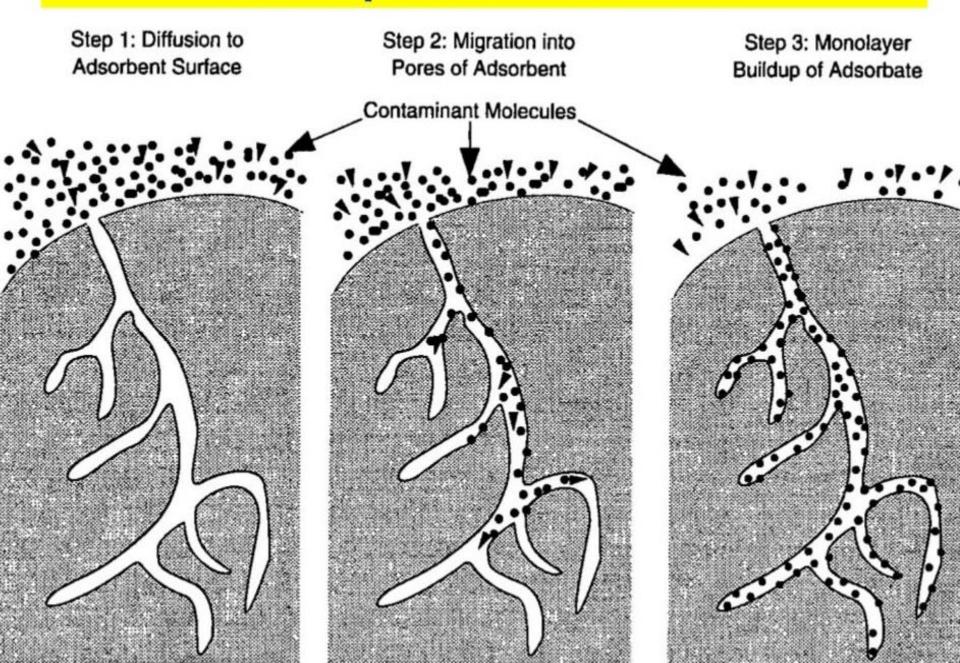
The adhesion of atoms, ions or molecules from algas, liquid or dissolved solid to a surface.

This process creates a film of the adsorbate on the surface of the adsorbent.



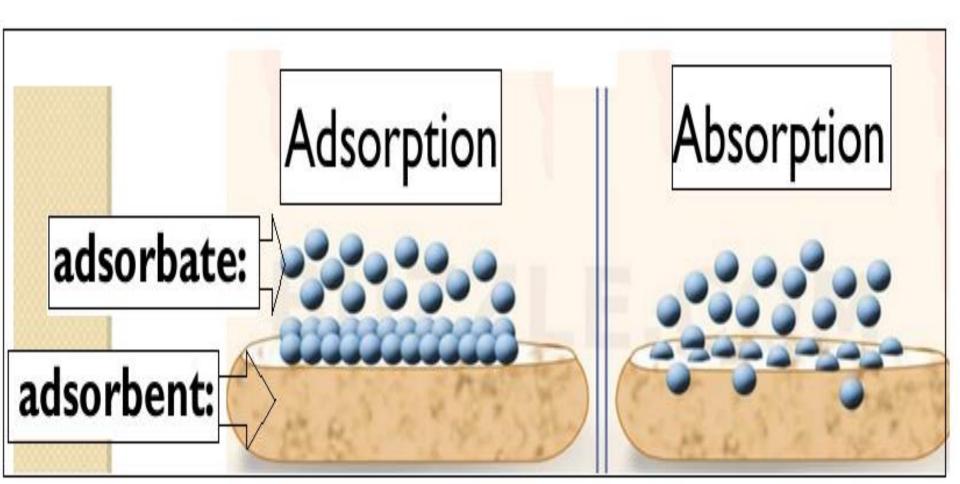
Charcol adsorped and remove odors from Refrigerator

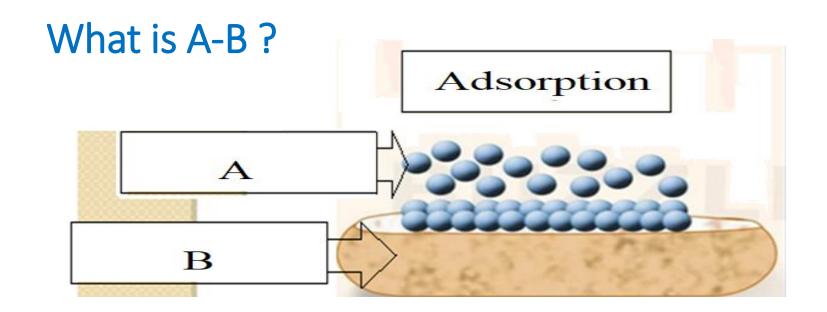
Adsorption Mechanism



Adsorbate: Material being adsorbed

Adsorbent: Material doing the adsorbing (examples are activated carbon or ion exchange resin), it is a substance that attracts other materials or particles to its surface.





GIT adsorbents:

A powder, taken to adsorb gases, toxins, and bacteria in the stomach & Intestines, e.g. Activated charcoal & kaolin.

Five differences between Adsorption and Absorption

Adsorption	Absorption
1.It is a surface phenomenon	1.It is a bulk phenomenon.
2.It is rapid in the beginning and slows down	1
3.Temperture dependent	3. Temperture independent (generally).
4.Exothermic	4.Endothermic
5.e.g. Adsorption of ammonia by charcoal	5. Absorption of ammonia by water.

GIT adsorbents drugs are used in the treatment of:



i. Mild dysentery ii. Diarrhea iii. GIT disturbances by adsorb gases, toxins, and bacteria.

iv. Used as mild astringent v. Used as antiseptic agent.

Examples:

1.Bismuth subsalicylate: (sub_of substitute)

It produce protective agent with combination therapy.

It has antimicrobial activity

Mode od Action:

It inhibits activity of pepsin and increase secretions

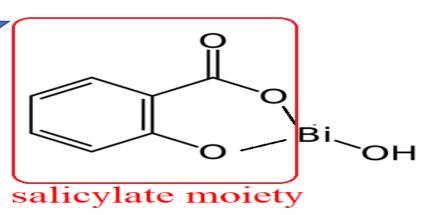
of mucous membrane thus coating and

help in healing the wounds of the

Diarrhea and dysentery differences

membrane in ulcers





2.Bismuth subcarbonate:

Uses:

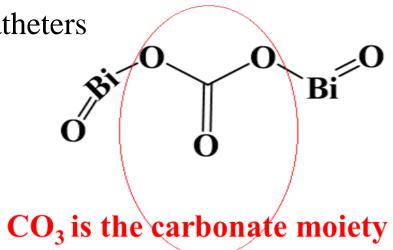
a. It is still used for GIT disorders and diseases.

b. Also it is used as filler in radiopaque catheters

القسطرات باستخلام المظهرات المشعة

c. In treatment of Peptic ulcers





Preparation of Bismuth subcarbonate:

By dissolving metallic bismuth in

50% <u>nitric acid</u>, then the solution

is concentrated and added to

sodium carbonate solution with stirring.

Complete the following equations (give chemical structures or formulas with all names or notes if any)in your text book.

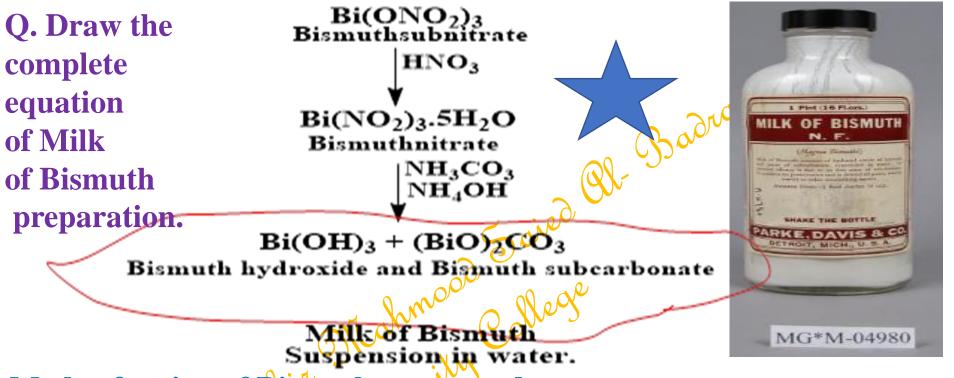
2Bi + 8HNO₃
$$\longrightarrow$$
 2Bi (NO₃)₂+2NO+4H₂O
2Bi (NO₃)₂ $\stackrel{\text{H}_2O, Na_2CO_3}{\longrightarrow}$ (BiO₂)₂CO₃

3.Bismuth Subnitrate" (or Oxynitrate):

Bismuth subnitrate is used as a component of milk of Bismuth, where it probably functions as a mild <u>astringent</u> protective, it can inhibit <u>pepsin</u> enzyme.



It is made by converting bismuth subnitrate to bismuth nitrate by nitric acid. Then milk of bismuth is prepared by treatment of bismuth nitrate with ammonium carbonate and ammonia solution.



Mode of action of Bismuth compounds:

Hydrogen sulfide (H_2S), is the final product of sulfate-reducing bacteria metabolism. Its high concentration in the gut affect adversely bowel environment and intestinal microbiota by toxicity and pH lowering. The bismuth salts react with H_2S to form bismuth sulfide and removed it as black stool.

Q1. Choose the correct word from the following antonyms



Mode of action of Bismuth compounds:

Hydrogen sulfide (H_2S, HS_2) , is the (starting, final) product of sulfate- (oxidizing, reducing) bacteria metabolism. Its (low, high) concentration in the gut affect adversely bowel environment and intestinal microbiota by toxicity and pH (increasing, lowering. The bismuth salts react with (H_2S, HS_2) to form bismuth sulfide and removed it as (brown, black) stool.

Explain the black stools from oral administration of Bismuth:



It acts upon the bismuth salts to form bismuth sulfide; hence, the

black stools resulting from the oral administration of bismuth-

containing preparations by the following equation:

$$2Bi^{3+} + 3H_2S \rightarrow Bi_2S_3 + 6H^+$$

black

5. Hydrated aluminum silicate, (Kaoline) Al₂Si₂O₅(OH)₄

من جبل كاو لينج

Clay mineral, It is a layered silicate mineral.

Uses:

i. GIT agents. ii. Protective & Adsorbent agents iii. Treatment of diarrhea

iv. Treatment of food poisoning. V. Used in dusting powder vi. Used in cosmetics.







Storage:

It should be stored in well closed container at a cool place.

6)Activated Charcoal U.S.P

It has been used as an adsorbent in the treatment of diarrhea

It is now a recommended antidote in certain

types of poisoning.





Uses:

The best uses of activated charcoal that you must know:





8)Lower bad cholesterol

4)Help prevent hangovers

منع صداع الكحول أو أثر الثمالة

Enumerate Only Five Best Uses of Activated Charcoal:



General Mode of Action of Adsorbents:

Adsorbents Coat the walls of the GI tract and the intestinal mucosa and bind to or adsorb the causative bacteria or toxin, which is then eliminated through the stool.

Adsorbents Side Effects:

- i. Increased bleeding time ii. Constipation, dark stools
- iii. Confusion تشوش, twitching
- iv. Hearing loss, tinnitus طنين, metallic taste.

INORGANIC DENTAL AGENTS

1. Dental Cements

Three types of inorganic compounds used in dentistry:

a. Restorative dental materials (ولي Dental cements)(مواد)

Dental Cements: which have a wide range of dental and orthodontic (تقویم) applications.

Common uses include: Temporary restoration (تعویض مؤقت) of teeth and/or cavity linings to provide pulpal (جذر) protection, sedation or insulation (عزل) and cementing fixed prosthodontic (pros. to. don. tek) appliances (حشوات تثبیت التراکیب الاصطناعیة للأسنان)

*A cement reaction is an acid-base reaction in general,



*All cements consist of proton acceptor and proton donor,

All cements are with the following types:

a. Those use Zinc oxide proton acceptors which are of three types:

i. Zinc oxide-eugenol,

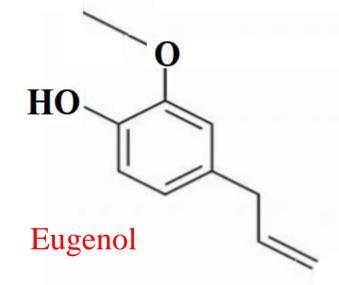
which used eugenol proton donor of the chemical structure.

ii. Zinc phosphate,

which used aqueous sol! of phosphoric acid.

iii. Zine poly-acrylate,

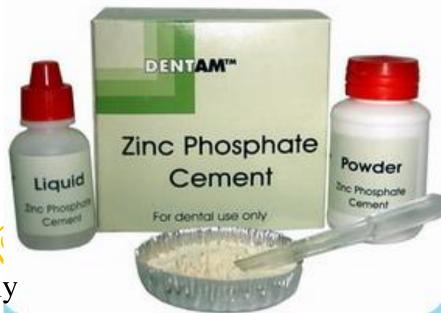
which used liquid sol. of poly acrylic acid.



Zinc phosphate cement setting:

*Chemical formula Zn₃(PO₄)₂

On mixing the powder and liquid together a vigorous reaction occurs, resulting in the formation of a relatively insoluble zinc phosphate :



*The chemical equation of Zinc phosphate cement setting reaction:

$$3ZnO+2H_3PO_4+H_2O \rightarrow Zn_3(PO_4)_2+4H_2O$$



ZINC PHOSPATE MIXING



b. Those use Fluoride containing aluminosilcate:

Si = Silicon is a chemical element with the symbol Si and atomic number 14

Aluminosilcate chemical formula : Al₂SiO₅

Two types of Silicate cements used aqueous sol. of Phosphoric

acid



Class ionomer

c. Copper cements:



These are similar to phosphate cement <u>except</u> that the powder contains a copper compound in addition to zinc oxide.



Copper cements:

The electronic configuration of Copper Cu is: [18Ar] 3d¹⁰ 4S¹.

Cuprous Cation:

The electronic configuration of Cu^{+1} is: [18Ar] $3d^{10} 4s^0$.

It is monovalent cation.

Cupric Cation:



The electronic configuration of Cu⁺² is:

[₁₈Ar] 3d⁹ 4s⁰. It is divalent cation.

*Notes;

If copper (I) oxide (Cuprous oxide) is used, the cement is red, while copper(II)oxide(Cupric oxide) gives black materials.



d. Silver cements:

Same phosphate type cements contain silver salt in an attempt to render Level their bactericidal.

e. Dental amalgam:

An alloy "

(alligare "bind to") which is a mixture of metals or a mixture of a metal and another element. Alloys are defined by a metallic bonding character.





Alloy may be a solid solution of metal elements (a single phase) or a mixture of metallic phases (two or more solutions).

Amalgam:

Is a mixture of <u>two or more metals</u> one of which is <u>mercury</u> combined with a powdered silver-tin alloy (Tin=Sn=)

Mercury is a liquid at r.t. and is able to form a workable mass when mixed with the alloy.

This behavior renders the material suitable for use in dentistry.



2. Sodium hypochlorite:



- i. Commonly known as bleach.
- ii. Chemical formula NaOCl
- iii. Comprising a sodium cation (Na⁺) and a hypochlorite anion

 $(OCl^{-}).$

iv. It is the sodium salt of hypochlorous acid.

H hypochlorous acid

*Sodium hypochlorite is widely used as a disinfectant or a bleaching agent.

In solution, the compound is unstable and easily decomposes,

liberating chlorine which is the active principle of such products.

Using In Endodontic علاجات وحشوات الجذر

*Sodium hypochlorite is the medicament of choice due to its efficacy

against pathogenic organisms and endodontic therapy.

Hypox concentration for use varies from 0.5% to 5.25%.

حفظ (14) Mode of action; slide 12,13 & 14

a. At low concentrations it dissolves mainly necrotic tissue

(death of most or all of the cells)

b. At higher concentrations it also dissolves vital tissue الانسجة الحيوية additional bacterial species.



c. They liberate hypochlorous acid (HClO), which is decomposed to give the chlorate ion (ClO)-, which composed of active chlorine in oxidation state +1 and active oxygen.

Active chlorine and oxygen react with amino acid Cysteine by the **chlorination** of amide nitrogen atoms and **oxidation** of sulfa hydryl group in proteins



forming N-chloro derivatives and denature the germs protein as shown by the following equation .

Q. What is A-J of the Sodium hypochlorite mode of action in

Dentistry?

A = NaOCl, sodium hypochlorite

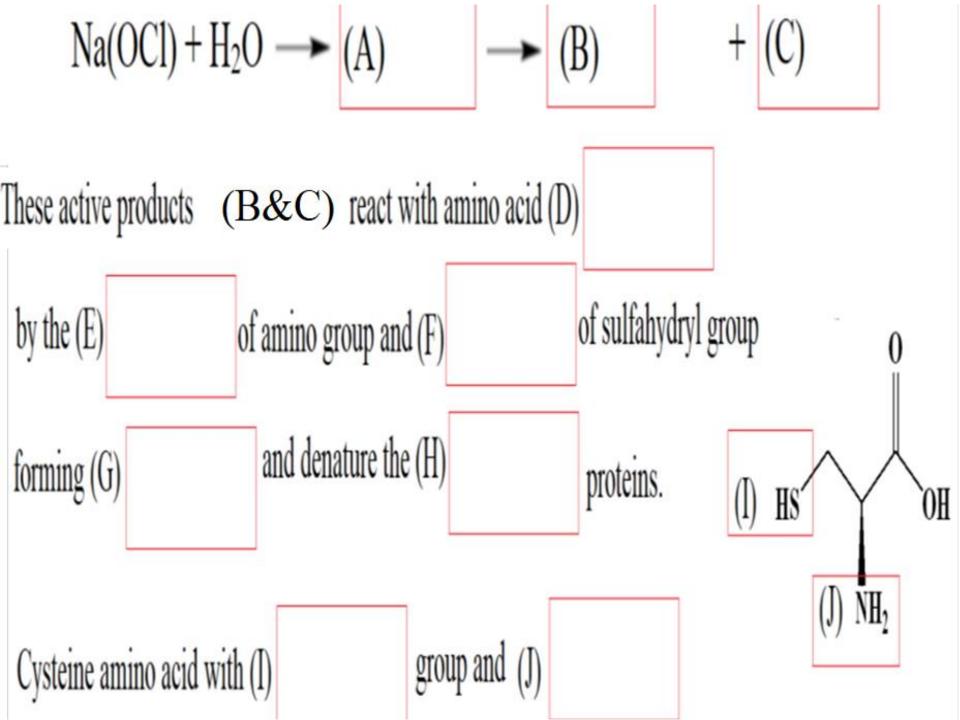
B = active chlorine in oxidation state +1 (Cl⁺¹)

 $C = active Oxygen O^{-2}$

D = Cysteine amino acid, E = Chlorination F = Oxidation

G = Denature

H= Germs ≤ Sulfhydryl group and J = Amino group

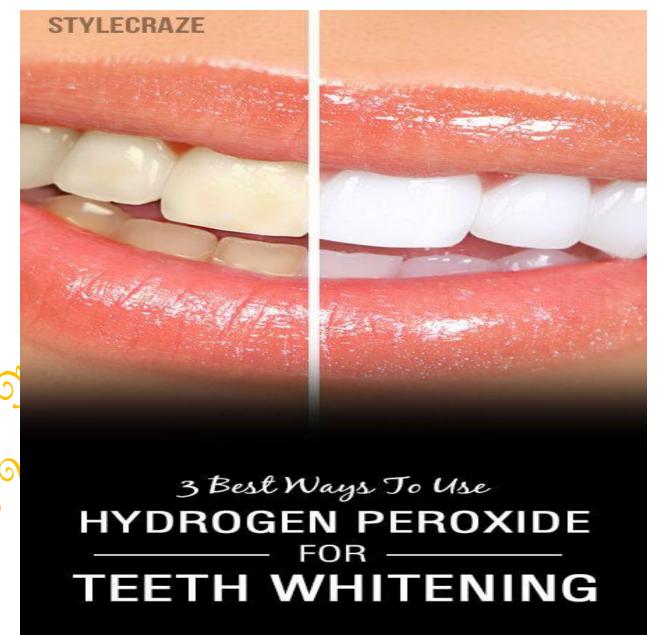


3.HYDROGEN PEROXIDE



35% Hydrogen Peroxide Dental Teeth Whitening





Hydrogen peroxide:

- i. Chemical formula H₂O₂.
- ii. It is the simplest peroxide.



iv. It is a reactive oxygen species.

The increased use of agents containing (or generating) H_2O_2 in dentifrices (dent. Frez.ces) as :

i. Bleaching (whitening) agents:قصر او تبييض

By oxidizing colored pigments onto the enamel.

e.g. Tooth whitening strips:

removeشرائط The strips

both extrinsic and intrinsic tooth stains, each strip contains around 14





percent hydrogen peroxide

ii. Disinfectants

*Two of the most common peroxides in

dentistry are:

i. Hydrogen peroxide (H₂O₂) ii. Carbamide peroxide

(CH₆N₂O₃), also known as (urea hydrogen peroxide)



Carbamide peroxide,

Also known as Urea-hydrogen peroxide, it is:

i. Water-soluble, ii. White crystalline solid compound. Consisting of hydrogen peroxide and urea.



The Carbamide peroxide dental whitening gel, of 35 % and chemical structure.

Adverse effects: مهم

- 1. Dentin العاج sensitivity
- 2. Gingival irritation led by unstable and active oxygen and low pH from prolonged use. $2 \text{ H}_2\text{O}_2 \rightarrow 2 \text{ H}_2\text{O} + \text{O}_2$
- 3. Alter enamel میناء السن surface morphology via enamel mineral loss and surface roughening.
- The FDA considers Carbamide peroxide to be safe in oral mucosal injury drug products as an oral wound healing agent.

4. EDTA:

Chelating EDTA agent is used in an endodontic حشو الجذر as an aid for the preparation of narrow and calcified root canals by المساعدة في حشوة ومتكلسة ومتكلسة

i. Its chemically softens the root canal dentine and dissolve the smear layer سقى of the root canal with 15-17% EDTA solutions.

ii. Its <u>increases</u> dentine permeability.تزید نفاذیة عاج السن

Complete:

Mode of action of EDTA use in Dentistry:

EDTA, the hexadentate ligand has 6 lone pairs of electrons, all of which can form coordinate bonds with the bacteria metal ions from the cell envelope and also forms a stable complex with cell calcium.

When all available ions have been coordinated the bacterial surface proteins are denatured and this leading to bacterial death.

Lecture 4 ESSENTIAL TRACE IONS

i. Iron (Fe) ii. Copper (Cu) & iii. Sulfur (S)



Trace elements:

Naturally occurring inorganic substances (elements or ions) are necessary for physiology and require by humans in amount (< 100mg/day), ingestion of, or exposure to, excessive quantities of them can be toxic.

Classification:

1-Essential trace elements.

2- Non-essential trace elements.

Essential trace elements.

Why essential?

Because, they have biochemical functions in the body, or in the tissues and their deficiency produce syndromes, these ions are important for :

- i)Electrolytes
- ii)Electrical activity needed to support muscle contractions and neuron activation
- iii) They contribute to the osmotic pressure of body fluids.
- iv)Performing تؤدي a number of other important functions.

Examples:

<u>i)Ferrum = Iron =</u>

(Ferrous or Ferric ions) Fe^{+2} or Fe^{+3}

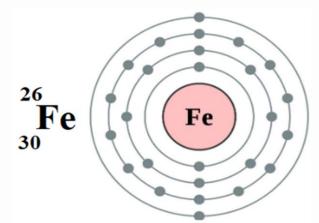


It is a metal that belongs to the 1st transition series and group 8 of

the periodic table with atomic number Z = 26.

Q. Draw Iron electronic configuration and Bohr model of atom:

or [Ar](18), 4s²3d⁶



★ i)Fe is the most essential trace

Element

ii)Body content = 4 - 6 g, Hb = 68 %, Ferritin = 13 %, Myoglobin = 3%, Iron enzyme = 0.2%

(Cyclochrome oxidase, Xanthine oxidase, Peroxidase)









Boosts immunity Improves concentration Restores sleep

Q. Enumerate

The six health benefits of Iron

Daily requirement = 0.5 - 2 mg/day; (pregnancy) = 3-5 mg/day

Daily excretion= 0.9 mg/ day

Ferritin:

Is a protein that stores iron, releasing it when your body needs it.

Ferritin usually lives in the body's cells, with very little actually circulating in your blood.

The greatest concentrations of ferritin are typically in:

i) The cells of the liver and ii) The immune (im.you.n) system.

Ferritin is stored in the body's cells until it's time to make more red blood cells. The body will signal the cells to release ferritin. The ferritin then binds to another substance called transferrin

Transferrin(TF):

TF is a protein having 24 subunits binds to 4000 iron molecules use to:

- i)Transport protein
- ii)Transport iron to various organs & tissues

Note that:

Increase ferritin levels may be seen in hepatitis التهاب الكبد, cirrhosis التهاب الكبد, cirrhosis الكبد, hepatic carcinoma as in leukemia, stress and covid19.

Iron deficiency:

Is the most common type of <u>anemia</u>, and it occurs when the body doesn't have enough of the mineral iron. Body needs iron to make

hemoglobin. When there isn't enough iron in blood stream, the rest of your body can't get the amount of oxygen it needs.





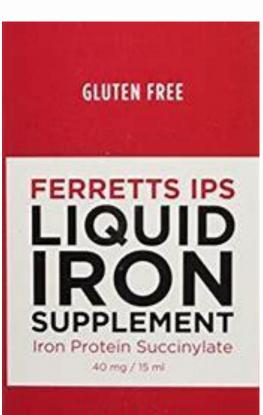
The treatment of iron deficiency:

i)Taking iron supplements مكملات غذائية (as tablets, liquid or injections)

Iron supplements may need to be taken for

3 to 6 months to replenish تجديد body's iron stores.

ii)Eating an iron-rich diet.





الشوكولاتة الداكنة

<u>Official iron products رسمی</u>

Oral preparations:

1)Ferrous sulphate

(FeSO₄.7H₂O):

It is the most widely

used oral iron preparation

and is considered as the drug of choice* for treating uncomplicated iron deficiency anemia.

*Drug of choice: Drug which is known to be most effective in order to cure that disease.



Forms:

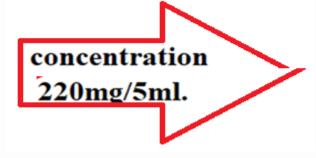
In addition to tablets, Ferrous sulfate is available as drops, syrup شراب, elixir, and capsules

2.Ferrous fumarate:

It is resistant to oxidation on exposure to air so it may be superior يتفوق على to both ferrous sulphate and gluconate.



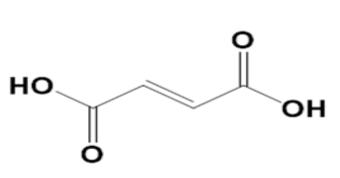


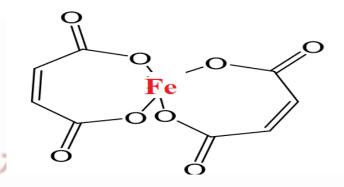


Q)Fumaric acid is bidentate ligand

Complex of Ferrous fumarate







Fumaric acid

3. Ferrous gluconate:

This medication is used to treat or prevent low blood levels of iron (such as those caused by anemia or pregnancy).



Notes:



- 1.Iron is best absorbed on an empty stomach (usually if taken 1 hour before or 2 hours after meals).
- 2. If stomach upset occurs, this medication must taken with food.

Contraindications:



i) Antacids ii) Dairy products منتجات الالبان

iii)Tea, or iv)Coffee within 2 hours before or after this medication because they will decrease its effectiveness. Take tablets or capsules with a full glass of water.

preparations بالحقن

1)Iron dextran:

Is a dark brown, slightly viscous liquid complex of ferric hydroxide and dextran

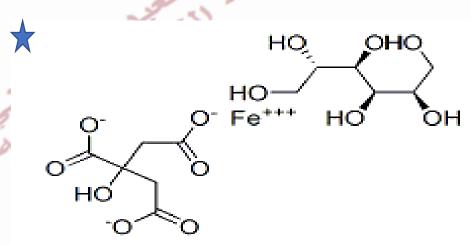


for IV or IM, it is used for the treatment of patients with

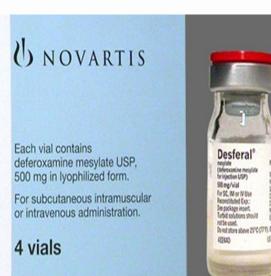
documented iron deficiency in which oral administration is

unsatisfactory or impossible.

b)Iron sorbitol citric acid complex 50 mg/ml







Acute iron poisoning

*

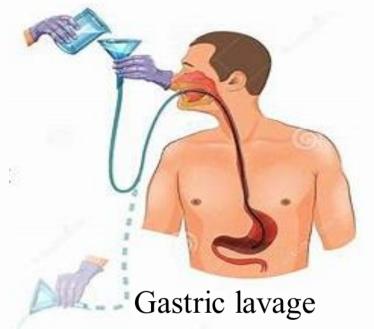
If element iron in the body > 60 mg/kg

Symptoms: Vomiting, abdominal pain, bloody diarrhea, shock, dehydration, cyanosis زرقة, coma.

Treatment: Gastric lavage with sodium bicarbonate solution

Desferrioxamine (deferral) 15mg/kg per hour i.v., Correction of

acidosis & shock.





Iron Supplements Side Effects:

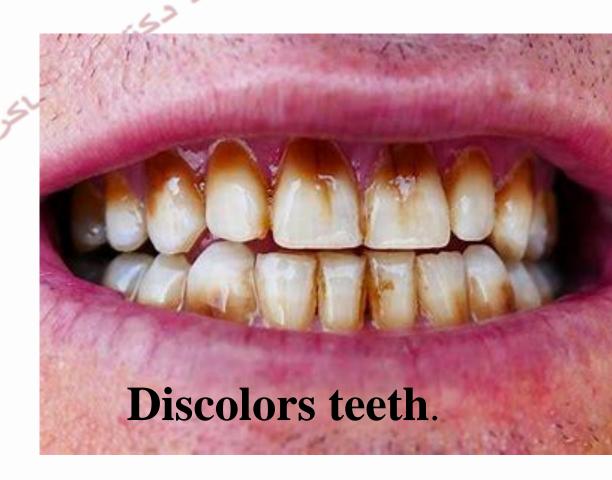
ii) Nausea (NO. ES.YA.) iii) Black stools and iv) Taste disturbances.

NOTE THAT:

Liquid iron supplements may be better tolerated than tablets but can

discolors teeth.

3) 32,11 3,921 3,925 3,021 3,921 3,925



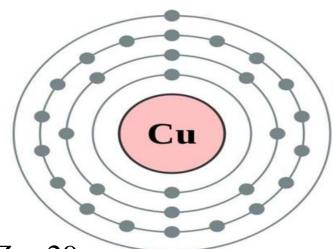


<u>ii)Cupper (ion = Cu^{+2})</u>

Bohr model of

$Z = 29 = [Ar], 4S^23d^9$

cupper,





- i. Is a red-brown metal,
- ii. With atomic number Z = 29.
- iii. Body content of copper is 80 120mg.
- iv.40-60% Absorbed in duodenum(dodecane??)
- v.Transported through metallozymes

(Ascorbic acid oxidase)

vi.90% bound to ceruplasmin, 9% to albumin



In the liver the copper become part of <u>copper protein</u> (Ceruloplasmin).

Ceruloplasmin is the major copper-carrying protein in the blood, and in addition plays a role in iron metabolism.

Copper is found in the brain in form of (Cerebrocuprein) cerebro = brain, in blood cells as (Erythrocuprein) erythro = red. It play role in Heamoglobin formation



Copper is required to prevent anemic conditions through:

- 1. Facilitate iron absorption.
- 2. Stimulates enzymes involve haeme and globin biosynthesis.
- 3. Could involve in metabolism of stored iron.



Another importance of cupper:



i)Important in oxidative phosphorylation (ATP) production .

ii) Associated with the formation of aortic elastin الايلاستين

. الابهري في صمام القلب

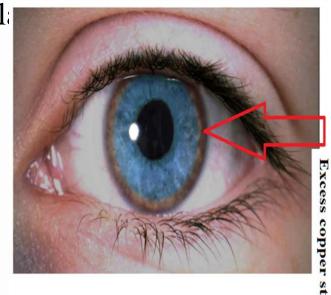
iii) A component of tyrosinase enzyme, which responsible for

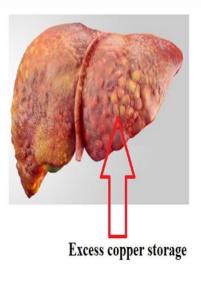
conversion of tyrosine to the bla

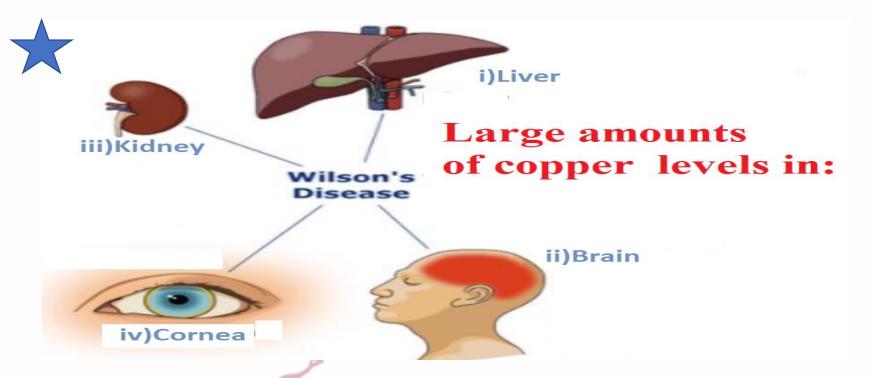
Wilson disease:

A condition of excess copper storage levels in :

i)liver, ii)brain, iii)kidney and iv)cornea.





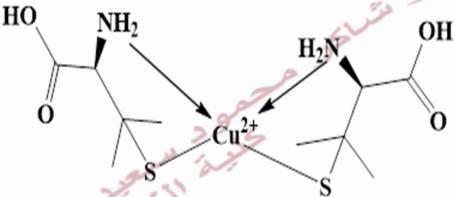


Treatment of Wilson's disease:

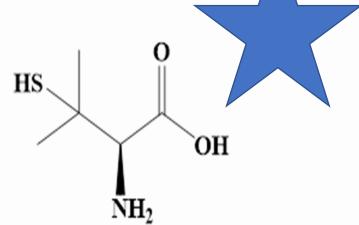
Pencillamine (cuprimine), is the drug of choice

which is a chelating agent (bidentate ligand) form complex with cupper in addition to diet restriction تقييد, (also it is used for rheumatoid arthritis, kidney stones and various heavy metal poisonings).





Cupper-penicillamine complex



Penicillamine

Q))Answer the following:

- a)Name of the central atom. b)Name of ligand c)Type of ligand dentate.
- d)Name of complex compound. e)Names of Donating atoms.
- f)Enumerate four uses of this ligand

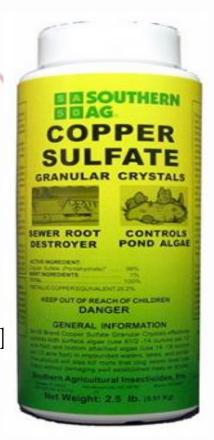
Uses of copper:



1. Topically as fungicide and astringent (as. Ren. Gent)

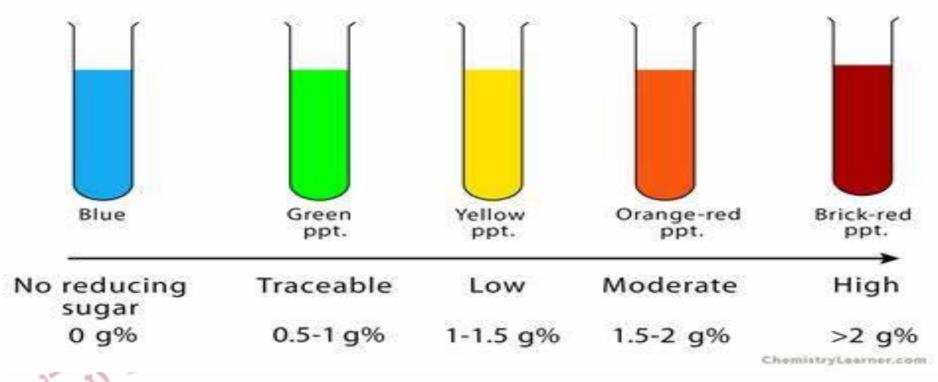
("to bind fast")مادة قابضة, e.g Copper sulfate.

- 2. Antidote for phosphorous poisoning.
- 3. Also essential component of Fehling and Benedict sol are used for determination of glucose, a positive test is production of cuprous oxide.



Benedict's Test Results

(For Levels of Reducing Sugar)

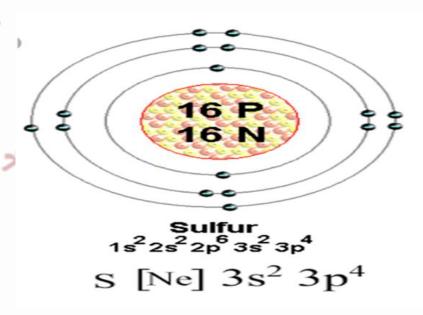


Cuprous oxide orange red to red

اقل ما يمكن = Traceable

iii) Sulphur S: (Non-metallic)





Sulfur is a chemical element that is present in



i. All living tissues.(After calcium and phosphorus, it is the third most abundant الفلز الأكثر وفرة بعد الكالسيوم والفسفور mineral in the human body).

ii. Sulfur is also found in: a. Garlic b. Onions, and c. Broccoli









Flower of sulfur is the naturally occurring, unpurified form.

It comes in yellow flakes and has been used in traditional and

alternative medicine for humans and animals.

Uses: Sulfur is used to treat many kinds of skin disorders such as:

i)Dandruff and an itchy skin infection caused by mites الجرب).

ii) Acne and skin redness (rosacea), (ro. ze. shya).



Rosacea





Also it use in **balneotherapy:**

(balneo = bath)

- The minerals found in hot springs (such as sulfur and magnesium) are Promote healing by increase circulation encouraging detoxing stress
- Also, fight off illness by nourishing تنشيط
- the organs and stimulating the immune system.
- This help ion treatment of Arthritis, Insomnia الأرق, Skin disease and Fibromyalgia(musculosketal pain).



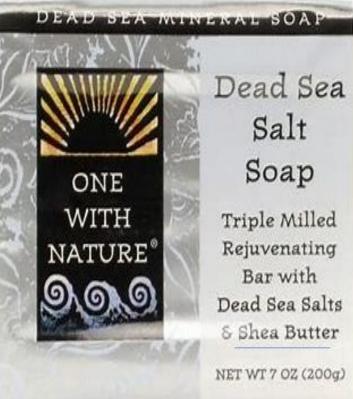
Sulfur forms:



Cream, lotion, ointment, and bar soap(SO.OP) (سواوب) (Soup(so.p سوب) are used to treat acne.

Sulfur ointment is used to treat seborrheic (seb.roo.yik) dermatitis and scabies. التهاب الجلا





Mode of action:

Sulfur is converted to hydrogen sulfide of the formula $\underline{H_2S}$ through reduction(by bacteria).

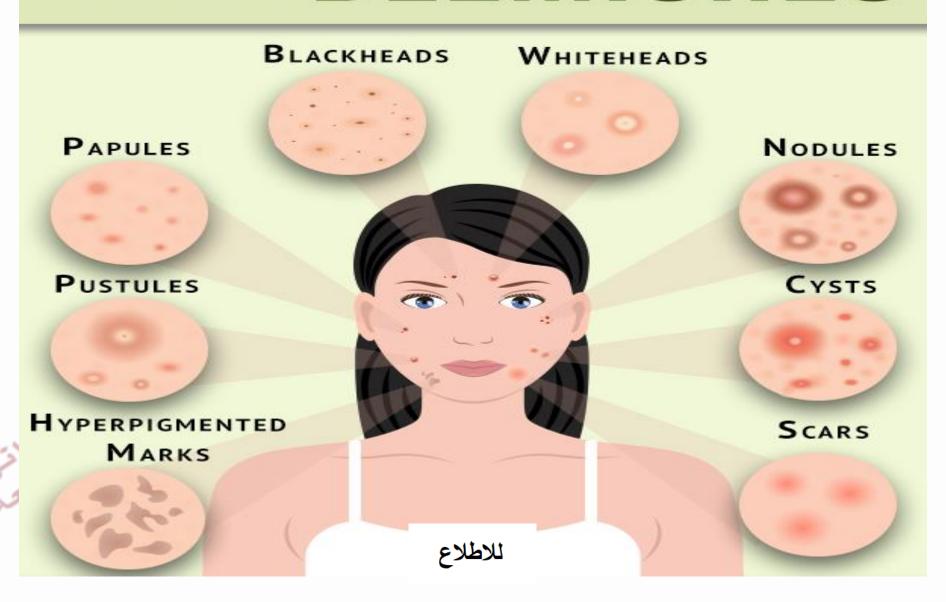
This H₂S kills the (<u>Propionibacterium</u>) acnes which plays a role in acne, fungi, and parasites such as <u>scabies</u> mites.

Example:

Saturn, the sulfur acne ointment, a medication of 10% sulfur use as mask for dries and clears up acne, while preventing new blemishes عيوب from forming.



TYPES OF BLEMISHES



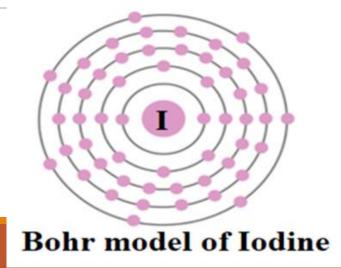
ESSENTIAL TRACE IONS, continuous

IV. Iodine I₂

When the element Iodine combines with another element called iodide, such as the combination of potassium and iodine together forms $Z=P=53=e_s$

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Calculate the [Kr] atomic number given that the atomic number Z of Iodine = 53, and iodine has an electronic configuration of :



i.e. Kr atomic number = 36

- *Iodine (I₂) is probably the oldest germicide still in use
- today. It was listed in 1830 as a tincture and an Ointment.

Types of iodine preparations(Q.Enumerate):

a. Iodine tincture:

- *or weak iodine solution 2.5% iodine in 50% alcohol with
- 2.5% sodium iodide KI.

Uses:

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i)In emergency survival kits or applicators,

كتات طوارئ لإبقاء الجروح سليمة بتعقيمهاو تعقيم المياه السطحية

to disinfect wounds and to sanitize(sane.tize)

surface water for drinking.





iii)Sanitize the surface of fruit and vegetables for bacteria and viruses.

b. Lugol's iodine solution:

Jean Lugol

i. *Also known as <u>aqueous iodine</u> or <u>strong</u> iodine solution:

*ii. Lugol's iodine is available in various strengths but the

most commonly used consists of 5% (wt/v) metallic iodine

(I₂) and 10% (wt/v) potassium iodide (KI) mixed in distilled

water (D.W.). Dr. Shakir Mahmood Saied Albadrani

iii. It is a medication and disinfectant

iv. It is taken by mouth

Uses: مهم

1- As germicides (antiseptic and disinfectant).

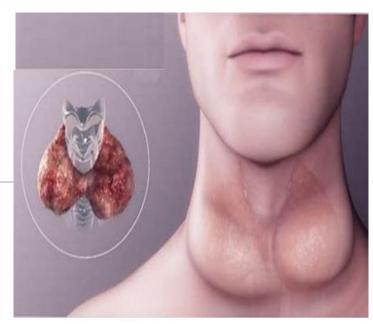
2-For emergency disinfection of drinking water. br. Shakir Mahmood Saied Albadrani and

3- A first-line treatment

for hypothyroidism

(reduction in thyroid

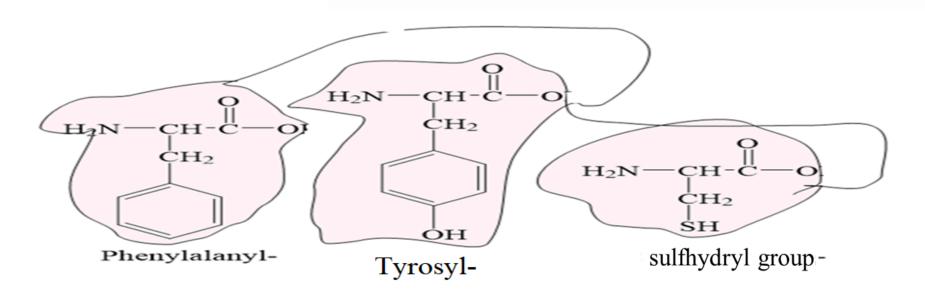
hormone levels) in adults.



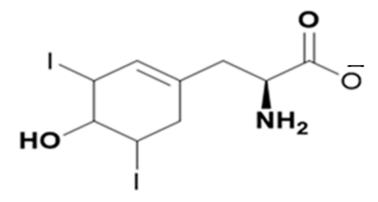
Q. Mode of action as germicide:

مهم

It probably inactivates <u>bacterial</u> proteins by the iodination of aromatic residues (phenylalanyl and tyrosyl) and oxidation (sulfhydryl groups). *Pr. Shakir Mahmood Saied Albadrani*



Aromatic residues





Denatured Tyrosinyl- group by iodination

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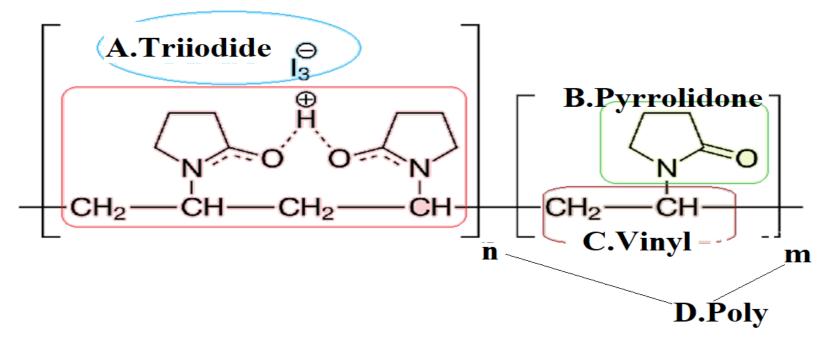
c.Povidone—Iodine Solution(PVP-I)(Betadine) :





A chemical polymer <u>povidone</u> (<u>polyvinylpyrrolidone</u>) and <u>triiodide</u> (I_3^-). Free iodine, slowly liberated from the povidone-iodine (PVP-I) complex.

Q))What is A,B,C and D?



Chemical structure of Povidone and its functional groups



i)powder ii)Sol. iii)Cream iv. Spray

Povidone–Iodine Properties: *

- i.It is not: Toxic, Volatile, Staining, Irritating to the skin or to wounds and
- ii. Approximately 10% of the iodine in the complex is bioavailable. Dr. Shakir Mahmood Saied Albadrani

Uses:

It is a broad-spectrum antiseptic for topical application

- Aqueous solution for pre-and post-operative (surgical) disinfection of the incision.
- **ii**. The site and skin cleansing.
- iii. It can also be used to treat infected wounds, ulcers, cuts, and burns.

iv. It is effective for local bacterial and fungal infections.

iv. *For treatment in gynecology التهاب for vaginitis

associated with <u>candidal</u>, *<u>trichomonal</u> or mixed infections.

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*Trichomoniasis (trich) is an infectious disease caused by the parasite

Trichomonas vaginalis.



Forms:

i-Aerosols ii- Foams
iii-Ointments
iv-Surgical scrubs

v-Antiseptic gauze pads

vi- Sponges

vii-Mouthwashes

viii- Betadine Solution for douche



A topical aqueous Solution (povidone-iodine, 10%); Antiseptic Non-Sterile Solution









Surgical scrubs



Sponges

Mode of action:

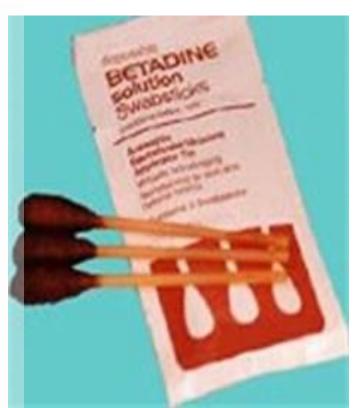


The polymer povidone carries the free iodine to the specific site of the pathogen مسببات الأمراض, which directly inter to the cell membrane where it denatures the <u>nucleotide</u>, fatty acids, phospholipids, and enzymes.

Also the free iodine irreversible reacts with the genetic materials (DNA and RNA) causing loss of materials in the cell membrane and resulting in cell death.

This will activate the immunity system.

Shakir Mahmood S



Non-Essential Ions i. Fluoride, ii. Bromide and iii. Lithium

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Nonessential ions:

Are a number of metals or metals ions that do not fully know biological functions, and exposure to some of these can adverse health consequences.



a. Fluorine is element F

Or fluorine gas, in compounds = fluorid (e.g. sodium fluoride)

F- (fluoride anion), is an inorganic, monoatomic* anion which is a mineral ion that is found in all natural water sources (Fluoride reaches from soil and rocks into groundwater. يرشح.water sources by leaching

* Having one atom in the anion, but fluorine F_2 is a gas of <u>diatomic</u> molecules.

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The ionic form of the trace element fluorine F, which is commonly found in the environment as fluorides compounds.

The fluorine anion, F⁻, any of the compounds containing the anion are termed fluorides. When you hear about <u>fluoride in</u> <u>drinking water</u>, it comes from adding a fluorine compound.

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A = 19

9 Protons
10 Neutrons
9 Electrons

Bohr model of Fluorine

<u>Advantages:</u>



1. Fluoride is added to public drinking water to prevent tooth decay.

Fluorite

2. Children who do not drink fluorinated public



water because their homes use water from a private well often take fluoride tablets to prevent tooth decay.

*3.Fluoride is added to toothpaste such as (1-4):



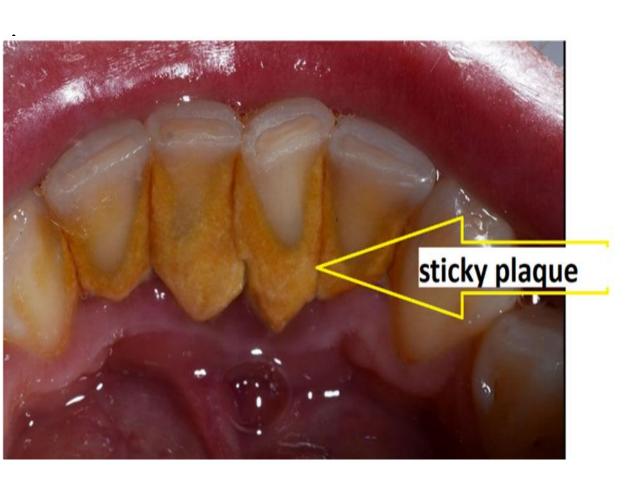




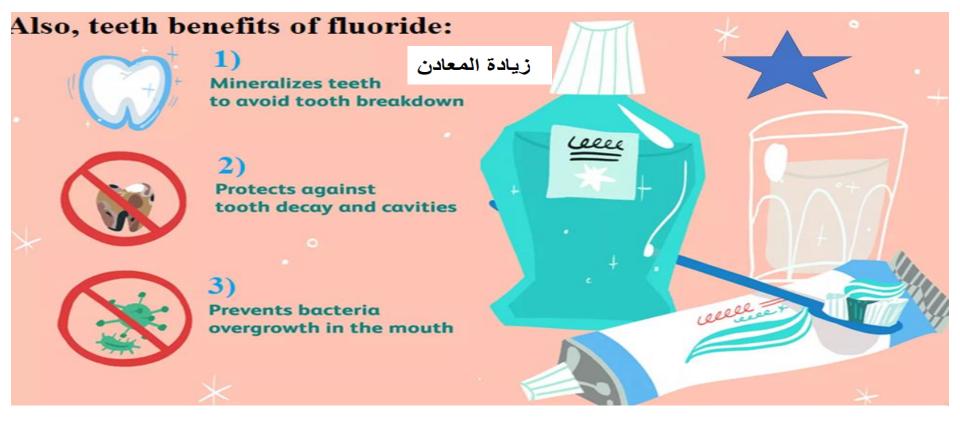


4. It is added to mouthwashes, (e.g. alcohol-free Colgate Neutral Fluor 220)so it can be applied directly to the teeth to reduce the formation of a sticky plaque on the teeth and prevent the swelling of gums and tooth

decay.







An example of fluorine compounds is:

Sodium monofluorophosphate (SMFP), a salt with the chemical formula Na₂PO₃F.

It is the active ingredient in some toothpaste. $Na^+ - O^- \stackrel{P}{\downarrow} O^- Na^-$





NETWT 10g



Drug Facts See information sheet before using.

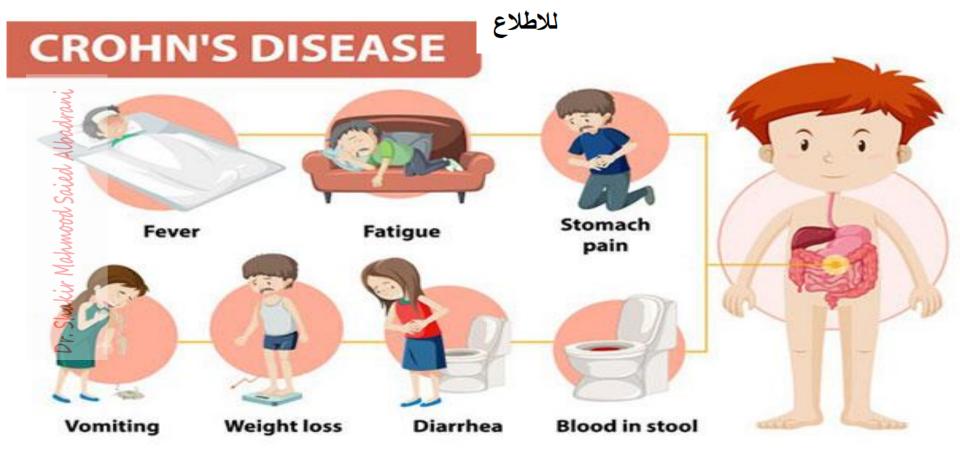
Active Ingredient

Sodium monofluorophosphate 0.76% (0.15% w/v fluoride ion)......Anticavity

Use helps protect against cavities

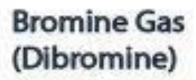
- 4. Fluoride is also taken by mouth for treating weakened bones (osteoporosis) and for preventing bone loss in people with rheumatoid arthritis and
- Crohn's disease: (inflammatory bowel disease (IBD) that may affect any segment (part) of the GIT from the mouth to the Dr. Shakir Mahmood Saied Albadrani

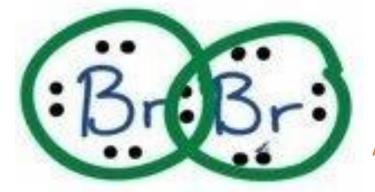
anus.).



b) Bromine element Br or Br₂

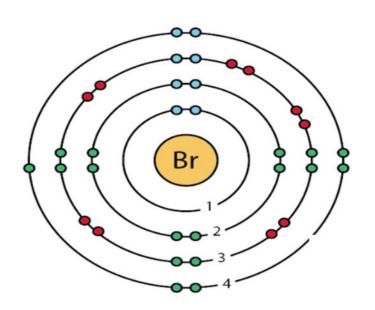
A bromine element or $(Br_2 \text{ gas})$ is an element with atomic number 35, and the symbol Br.











Bromine is element of a dark red fuming toxic liquid with a choking خانق, irritating smell. It is a member of the halogen group (F, Cl, and I), and occurs chiefly in the form of salts in seawater and brines على شكل

Bromide compounds:

Humans appear to <u>biosynthesize</u> traces of an α-bromo keto ester (2-octyl 4-bromo-3-oxobutanoate), which is found in

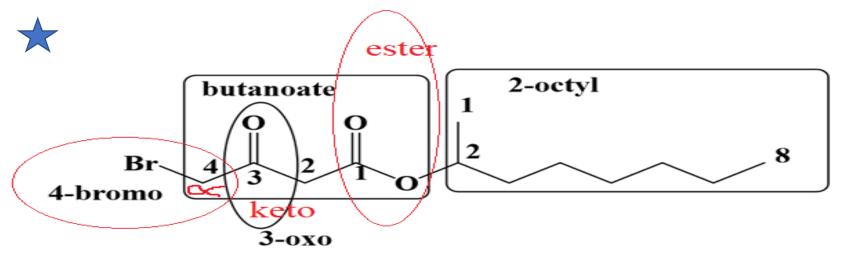


their cerebrospinal fluid

and appears to play a yet unclarified role in inducing REM* sleep.

^{*}Rapid eye movement sleep, is a unique phase of sleep in mammals





An alpha-bromo keto ester 2-Octyl 4-bromo-3-oxobutanoate

Sea foods and deep sea plants generally have high levels of bromide, while foods derived from the land have variable amounts.

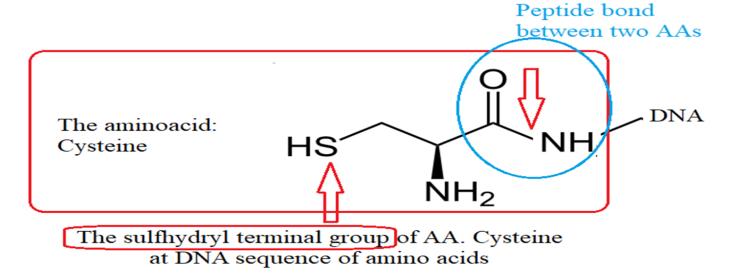


Mode of action as pest control:

Methyl bromide alkylated the DNA of pests (by alkylated the AA sulfhydryl group), and thus impairment يخرب of DNA,

this is the reason for the extremely lethal effect of methyl

bromide.



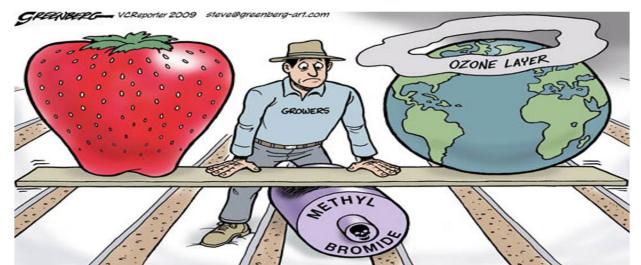
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Equation of Methylbromidee Mode of Action:

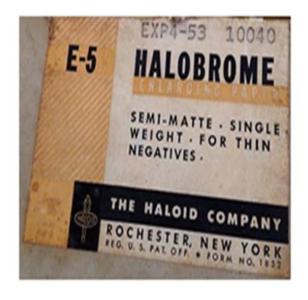
The lethal effects of methylbromide by alkylation the DNA of the pest via methylated the cysteine AA sulfhydryl group and thus irreversible damages the reproduction process of the pest and impairs it.

Methyl bromide also causes damaging the earth's ozone layer.



Example of Bromo Biocides مبيد احيائي:

1-Bromo, 3-chloro, 5,5-dimethyl hydantoin, "Halobrom"



Imidazolidine ring

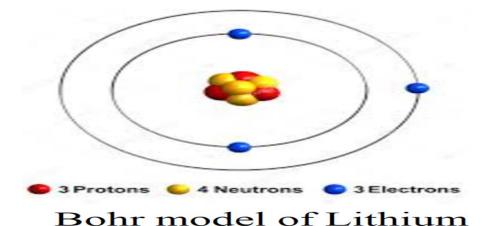
Hydanoin = Imidazoline-2,4-dione



c.Lithium Li⁺

Lithium (Greek = lithos, lit. 'stone') element with atomic number 3.

*It never occurs freely in nature, but only in ionic.





USES:

- 1.As a psychiatric نفسية (saiy. Cai.et.rek. سايكيترك) medication.
- 2. Treat bipolar disorder (mental condition الهوس او اختلاجات).

Lithium is taken by mouth: e.g. Lithium carbonate:

3. Treat major depressive. A disorder that does not improve following the use of antidepressants.

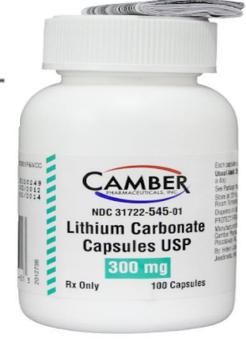
Pr. Shakir Mahmood Saied Albadrani In these disorders, it reduces the risk of suicide (so. Side) انتحار

The Lithium carbonate chemical structure is:

Lithium carbonate is used to treat

(manic syndrome), the elevated phase of bipolar disorder i.e. abnormally elevated arousal استثارة effect and energy level.





2Li⁺



"Doc, if I were Manic, could I do this for 12 hours and still keep my appointment?"



Mode of action:

Mania is associated with irregular increases in <u>protein</u> <u>kinase C (PKC)</u> activity within the brain.

Lithium ions interfere with ion transport processes that relay and amplify messages carried to the cells of the brain, inhibiting PKC's activity.

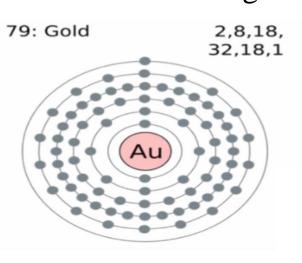
Dr. Shakir Mahmood Saied Albadrani

NON ESSENTIAL IONS (continue) iv. Gold v. Silver and vi. Mercury

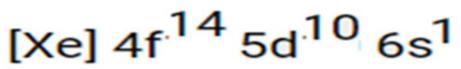


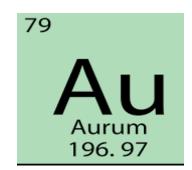
iv)Gold = Aurum = Au(or.ram.)

*One of the higher atomic number elements that occur naturally.



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*Uses of Gold in medicine:

1. Cancer treatment:



Gold nanoparticles which are biocompatible * can be injected IV and accumulate in the specific area of leaking vascularity عائي such as tumours. The use of gold is encouraging in the treatment of prostate

cancer.

Human immunodeficiency virus infection and acquired immunodeficiency syndrome

2. HIV/AIDS detection:

Gold nanoparticles techniques are able to sense the presence of a target molecule at ultra-low concentration, thus enabling early <u>detection</u>.

*متوافق بايلوجيا Biocompatibility

Compatibility with living tissue or a living system by not being toxic, injurious, or physiologically reactive and not causing immunological rejection.

3. Rheumatoid arthritis treatment:





Gold therapy is used to treat rheumatoid arthritis and other inflammatory conditions such as:

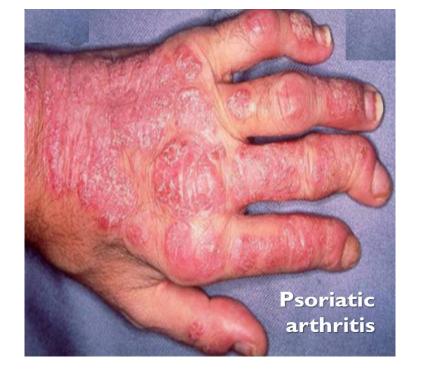
i. Psoriatic arthritis التهاب المفاصل الصدفي

And

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ii. Juvenile rheumatoid arthritis. التهاب المفاصل الروماتزمية لليافعين

The treatment appears to be most effective when given in the early stages of arthritis.



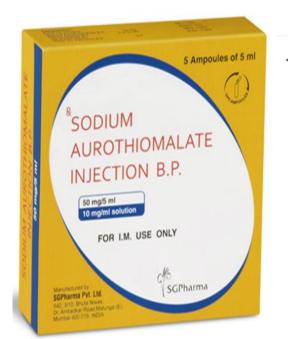


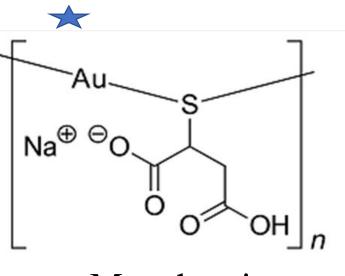


Products:

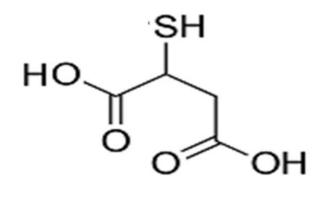
Sodium aurothiomalate or Gold sodium thiomalate (Myochrysine):

- i. It is the gold compound that is used for its immunosuppressive anti-rheumatic effects.
- ii . It is supplied as a solution for IM injection containing 50 mg/ml of Gold sodium thiomalate (Myochrysine)





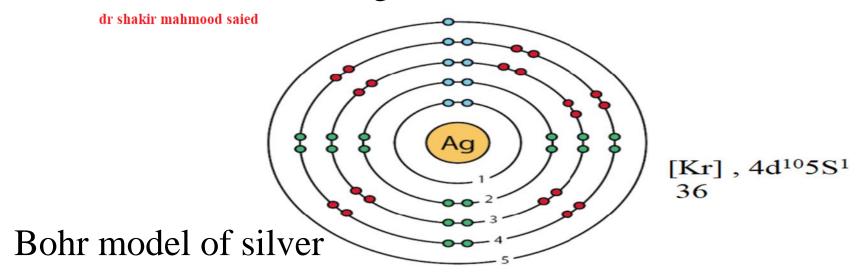
Myochrysine



Thiomalic acid

vi)Silver = Argentum = Ag

Atomic weight = 47



The medical uses of silver:

Its use in wound dressings الضمادات as creams, and as an antibiotic coating on medical devices.

Wounds dressings containing <u>Silver sulfadiazine</u> or <u>silver</u> nanomaterials may be used to treat external infections



Silver is added to some bandages for its antimicrobial effect.

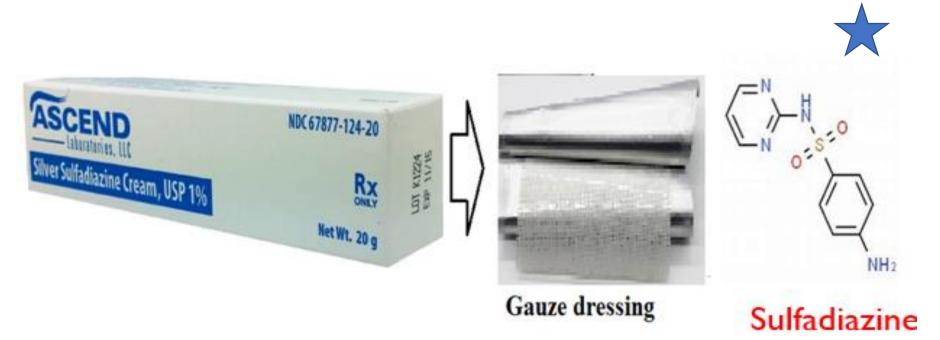
Silver sulfadiazine (SSD):

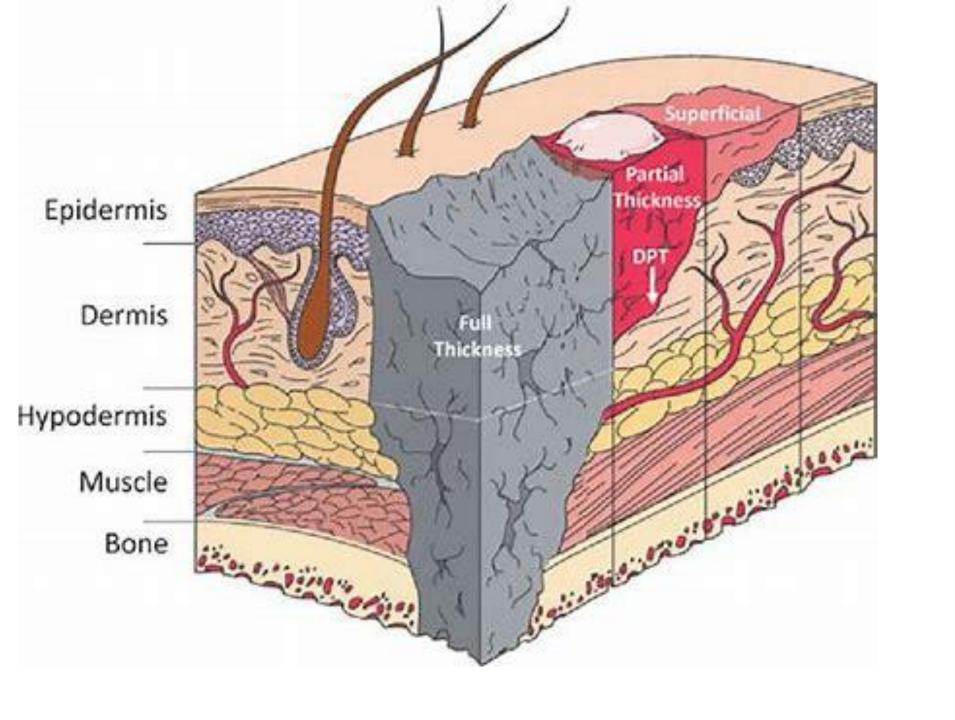
*It is a topical antibiotic used in partial thicknessسطحية and full thicknessالعميقة burns to prevent infection.

There are two types of (SSD):

a. Ascend: Antibacterial cream (1% on gauze dressing).

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*b. Burnheal: a broad spectrum antimicrobial which composes of (SSD) with <u>Chlorhexidine gluconate</u> cream.

Mode of action of Silver and Silver compounds.

Silver and most silver compounds are toxic for bacteria, algae (al.ge.ya), and fungi in vitro.

a. The effectiveness of silver compounds as an <u>antiseptic</u> is based on the ability of the biologically active silver ion (Ag⁺) to irreversibly <u>damage key enzyme systems</u> in the cell membranes of pathogens.

*b. The effectiveness of silver compounds

in dressings:

Silver-containing dressings may increase the probability of healing <u>for venous leg ulcers</u>.

*With two dressings types:

a. Biatain Silver dressings:

Soft and conformable متوافق silver foam dressing that is proven to help infected wounds heal faster.



*b. Antimicrobial Silver alginate dressing:

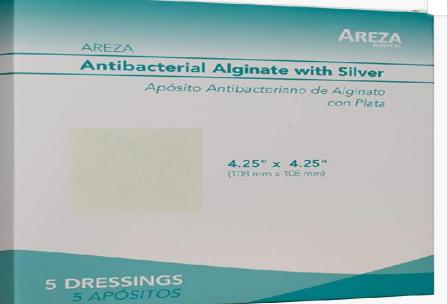
It is made of silver particles and natural alginates derived from seaweed. Alginates are



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hydrophilic polysaccharide



*c. Coated Endotracheal (tre. esh. yal)tubes

أنبوب لتسليك القصبة الهوائية عند انسدادها يطلى بالفضية

لتقليل التهاب الرئة الناشئ من تعقيدات انابيب التهوية

The using silver-coated endotracheal

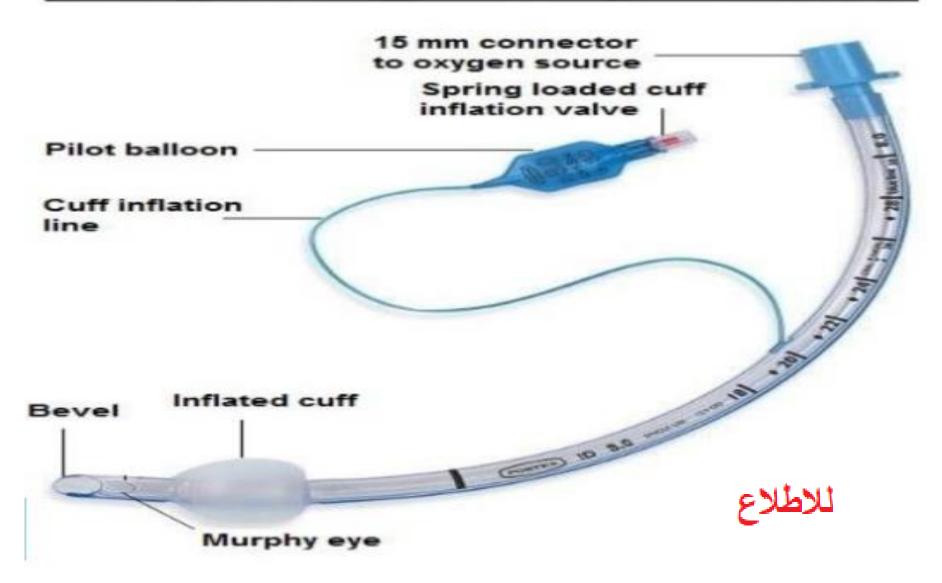
(endo. treg. yal) breathing tubes reduces the risk of contracting ventilator-associated pneumonia الإصابة بالالتهاب especially during the initial days of utilization. اول أيام الاستخدام







PARTS OF ENDOTRACHEAL TUBE



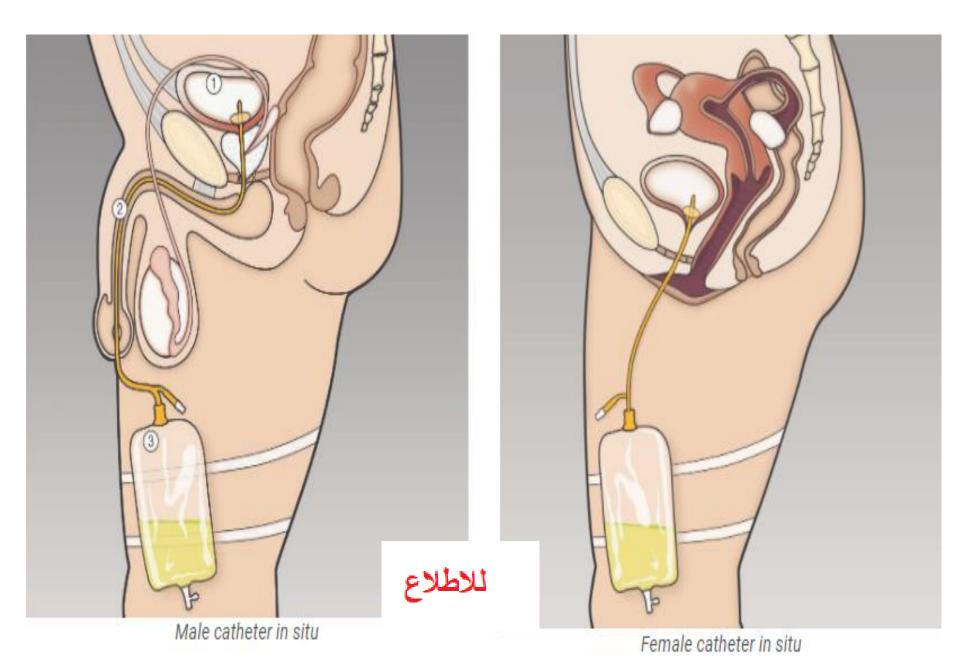
d. Silvamax, Silver alloy Catheters قسطرات (ka. the. ters):



Using silver-alloy urinary catheters will reduce infections in adult patients, and would significantly improve patient care.

Silvamax is a combination of <u>chlorhexidine gluconate 0.2% & silver-sulfadiazine 1%</u> used to coat central venous catheters reduces the rate of catheter-related bloodstream infections.

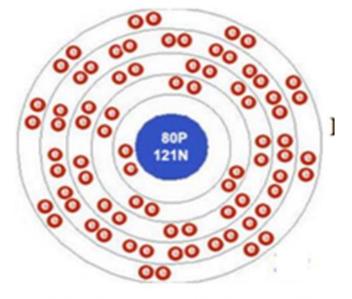




<u>vi)Mercury = Hg = Hydrargyrum (Hydrar. gyrum)</u>

*The only metallic element that is liquid. It is commonly

known as quicksilver.



Bohr model of Hg



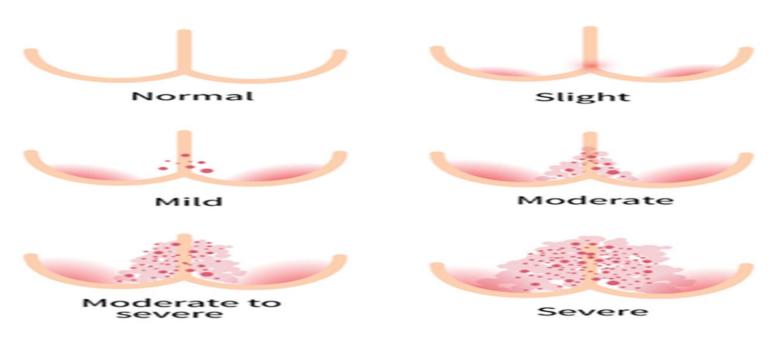
Mercury compounds are found in some OTC drugs

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*OTC = Over-the counter = without prescription

Use to avoid diaper-rash (ointment)





*The uses of mercury compounds including:

- i. Topical antiseptics
- ii. Stimulant laxatives ملین
- iii. Diaper-rash ointment
- iv. Eye drops dr shakir mahmood saied
- v. Nasal sprays.
- vi. Mercury is still used in some diuretics although substitutes now exist for most therapeutic uses.

ii. ANTACIDS (ALKALIS)

A class of medicines that neutralize acid in the stomach.

They contain ingredients such as:

i. Aluminum bicar. ii. Calcium bicab.

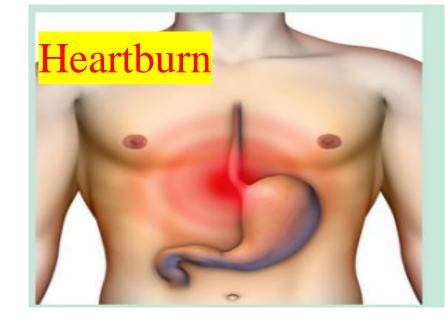


iii.Magnesium bicarb. or iv.Sodium bicarbonate which act as bases (alkalis) to neutralize stomach acid and make its pH more neutral. Uses of Antacids:

Antacids are used to relieve the symptoms of GIT disorders such as:

- i.Heartburn (dyspepsia(des. epsha) or acid reflux) by neutralizing stomach acid.
- ii.Gastroesophageal المريء reflux disease (GERD)





In addition to:

- i. Burning in the chest or throat area caused by acid reflux.
- ii. A bitter المر taste in the mouth.
- iii. A persistent المستمرة dry cough.
- iv. Pain when lying down الاستلقاء and
- v. Regurgitation(expulsion of material from the esophagus,) الترجيع

Examples:

a)Acid Gone (Away):

Taken by mouth, usually after meals and at bedtime as needed.

Compositions:

i.Aluminium Hydroxide Al(OH)₃

ii.Magnesium Hydroxide Suspension

 $Mg(OH)_2$ Acid gone % compositions are:

% of acid gone compositions

Active ingredient (in each 15mL tablespoonful)

Aluminum hydroxide 95mg

Magnesium carbonate 358mg



Products:

1. Rennie:

It is used to relives:



i. Heartburn. ii. Acid indigestion. iii. Sour (sa. Wr) stomach

2.Maalox:

The same composition of acid gone.

But Maalox plus containing:

3.Simethicone, which is used to relieve the symptoms of excessive gas in GIT namely bloating انتفاخ, burping (فهقة) and flatulence

(fla. you. lenc) غازات...





It has not been fully established that Simethicone is useful to treat in babies, and it is not recommended for this purpose.

Mode of action: مهم

Simethicone is an anti-foaming agent That decreases the <u>surface</u> tension of gas bubbles, causing them to combine into larger bubbles in the digestive tract. Its effectiveness has been shown in several in

vitro studies

Simethicone chewable tablets (Metsil): 80mg Simethicone





Simethicone Doses:

1. Adults:

40-125 mg four times

2.Infants:

20 mg four times a day, Max 240 mg per day. May be mixed with formula or other liquids.

4. Dulcolax: أ.م.د. شاكر محمود سعيد

Active ingredient: Magnesium hydroxide

 $Mg(OH)_2$. This liquid is laxative which

helps in draw water into the colon.



Dulcolax is used to treat <u>constipation</u> or to empty the bowels:

i. before surgery ii. <u>Colonoscopy</u> iii. x-rays, or other intestinal medical procedure.

Duration of action:

It generally produce a bowel movement in 6 to 12 hours.

Onset:

Dulcolax suppositories generally produces bowel movements in 15 minutes to 1 hour.



Notes:

- i. Take with a full glass of water.
- ii. Do not take other drugs within 2 hours of Dulcolax
- iii. Shake well before use.

5. Gaviscon:

أ.م.د. شاكر محمود سعيد

Gaviscon is Over-the-counter (OTC), which is taken by mouth to treat heartburn and gastroesophageal reflux disease.

- It is use for fast-acting, long lasting heartburn relief.
- (short onset and long duration of action)





The main ingredients of Gaviscon are:

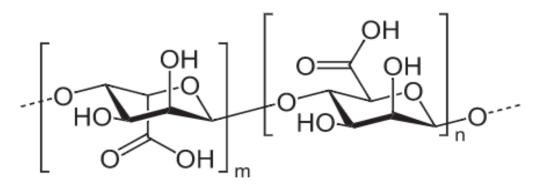
- i. Sodium alginate (al.ge.net)(500 mg.).
- ii. Sodium bicarbonate (sodium hydrogen carbonate)(267mg.):

NaHCO₃

iii.Calcium carbonate(16mgm/ml. solution) CaCO₃

iv.Methyl and propyl hydroxybenzoates.

R = Me Methyl 2-hydroxybenzoate = Pr Prpopyl 2-hydroxybenzoate



Alginic acid, also called algin, is a polysaccharide distributed widely in the cell walls of brown algae that is hydrophilic and forms a viscous gum when hydrated. With metals such as sodium and calcium, its salts are known as alginates

Sodium alginate(al. gen. ate):

It is a salt of Alginic (al.gen.ek.) acid,

is polysaccharide significant component of the biofilms produced by the bacterium Pseudomonas aeruginosa.

Mode of action: مهم

Sodium alginate in Gaviscon double action begins by:

- i. Forming a thick layer (raft) on top of the stomach contents and protects its contact from the stomach acid.
- 2. Neutralizes excess stomach acid thus relieves pain and discomfort of indigestion.

Classification of antacid according to its form:

- i. Liquid, e.g. Riginic Antacid Liquid composed of Aluminium hydroxide 95mg in 15ml water.
- Magnesium carbonate 358mg in 15ml water.
- ii. Chewable gummy or tablet.



NDC# 53807-137-12

Riginic Antacid Liquid

REGULAR STRENGTH LIQUID ANTACID

Fast- Acting Heartburn Relief

For the relief of Acid Indigestion



MINT FLAVOR

Compare to the active ingredients of Gaviscon®

Shake Well Before Using Read back label before using

12 fl oz (355mL)

RIGINIC ANTACID LIQUID

Drug Facts

Active ingredients (in each tablepoonful) Purpose Aluminum Hydroxide 95 mg... Antacid Magnesium Carbonate, Anhydrous 358 mg

Uses relieves - heartburn - acid indigestion - sour stomach upset stomach associated with these symptoms

Warnings

Ask a doctor before use if you have

■ kidney disease ■ a magnesium-restricted diet ■ a sodium-restricted diet

Ask a doctor or pharmacist before use if you are taking a prescription drug. Antacids may interact with certain prescription drugs.

When using this product, it may have a laxative effect

Stop use and ask a doctor if symptoms tast more than 2 weeks

Keep out of reach of children

Directions shake well before using a do not take more than 8 tablespoons in 24 hours • do not use the maximum dosage for more than 2 weeks "dosage: 1-2 tablespoons after meals and at bedtime followed by milk or water

Other information

- TAMPER EVIDENT: DO NOT USE IF BREAKAWAY BAND ON CAP IS BROKEN OR MISSING
- each tablespoon contains: sodium 19 mg, magnesium 124 mg, Calcium 3 mg store at room temperature 15'-25'C (59'-77'F)
- keep tightly closed = avoid freezing

Inactive ingredients: colors, edetate disodium, flavors glycerin, methylparaben, propylparaben, saccharin, sodium alginate, sodium hypoclorite, sorbitol solution, water. xanthan gum

This product is not manufactured or distributed by the owner of the registered trademark Gaviscon®.

BU PHARMACEUTICAL CORP 40 Commercial Avenue Middletown, NY 10941



iii. Effervescent tablet or powder that must dissolve

in water to drink:

ENO, James Crossley Eno (1827–1915) is an OTC antacid, with main

ingredients:

Sodium carbonate, Sodium bicarbonate and citric acid.

Precautions:

أ.م.د. شاكر محمود سعيد

These people should ask their doctor before using antacids.

1. People with heart failure may have sodium restrictions محددات to help decrease fluid buildup. However, antacids often contain a lot of sodium.







2.People with kidney failure:

- a. May develop a accumulation of aluminum after using antacids. This can lead to aluminum toxicity.
- b. Also, they tend to have problems with electrolyte balance. All antacids contain electrolytes, which could make electrolyte balance problems worse.
- 4. Talk to your child's doctor before giving your child antacids.

 Children don't typically develop symptoms of excess stomach acid, so their symptoms could be related to another condition.