



# Sustainable Development Goals



## 3 - Good Health and Well-Being

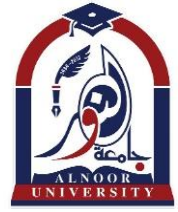
### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.



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## 3 - Good Health and Well-Being

Alnoor University organized the First Orientation and Educational Week over four days, with the attendance of Dr. Ismail Abdulwahab, Assistant President of Alnoor University for Academic Affairs, representing the University President, and Dr. Musab Abdul Salam, Assistant President of Al-Hadba University for Administrative Affairs, representing its President. The event was also attended by deans and heads of academic departments from both universities. Numerous educational and awareness lectures were delivered, covering topics such as cheating, extortion, optimal use of social media, combating extremism and drug abuse, and student discipline. At the conclusion of the session, certificates of appreciation and gratitude were presented to the lecturers.

