



# Sustainable Development Goals



## 3 - Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.



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The Department of Psychological Counseling and Educational Guidance at Al-Noor University, in collaboration with the University Follow-up Department, organized an awareness lecture on drugs and their impact on society. The lecture featured Lieutenant Colonel Sorji Muawiya Fakhri, Director of the Narcotics Division at the Nineveh Security Directorate, Lieutenant Colonel Younis Ali Jawad from the Anti-Narcotics Department, and Major Hassan Ahmed Sa'do from the University Security Center.

