



Sustainable Development Goals



3 - Good Health and Well-Being

College: College of Health and Medical Technologies

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

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Two faculty members from Al-Noor University participated in the second breast cancer awareness seminar organized by Al-Madina Al-Ahli Hospital on the occasion of Pink October, which is recognized globally as a month dedicated to combating the disease. Dr. Kawakib Nouri Al-Agha, a faculty member in the College of Health and Medical Technologies at Al-Noor University, gave a valuable lecture on the subject. Additionally, Dr. Hana Al-Baroudi, a professor at the university, was assigned to manage various parts of the preparation and discussions. The seminar included several doctors and guests and concluded with honoring the lecturers.

