

Sustainable Development Goals



3 - Good Health and Well-Being

College: College of Pharmacy



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and deaths; childhood combating infectious diseases; preventing and addiction; treating drug and achieving universal health coverage for families.



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The College of Pharmacy at Al-Noor University held a special seminar on migraine as part of promoting awareness of medical symptoms. Professor Dr. Essam Hamo Mahmoud, a faculty member at the college, discussed the causes, triggers, symptoms, and treatment methods for migraines.

